HLS <u>Final</u> pathololgy summary Done by: Ola Alahdab

- مليان معلومات مهمة فما قدرت اختصر كتير

- BLEEDING DISORDERS:

- آخر صفحة تجميع للمراجعة النهائية

• Pathologic bleeding occurs spontaneously or after a trauma (a prolonged bleeding).

- Caused by defect in either:
- Clotting factors
 Platelets
 Blood vessels
 Endothelium
- Blood vessels related bleeding:
- Connective tissue diseases.
- Chronic <u>steroid</u> intake (weakens blood vessels, risk of rupture).
- Systemic <u>amyloidosis</u> (amyloid protein can infiltrate through any organ causing damage).
- Vasculitis infections (like spirochetes or fungus, causing rupture & bleeding).
- Vitamin C deficiency (scurvy) (important for collagen in vessels. less common nowadays).
- Symptoms: spontaneous superficial bleeding in the skin & mucous membranes:
- Petechiae (in small area) & ecchymosis (a large bruise).
- Platelets related bleeding:
- Thrombocytopenia (ITP, AIDS) (ITP= immune thrombocytopenic purpura).
- It can occur in anemias: AA, PNH.
- Thrombocytosis (platelets are large but <u>dysfunctional</u>) is common in **myeloproliferative** neoplasms.
- Platelets function tests:
- 1) Bleeding time test (obsolete: rarely used these days) we make a small superficial cut like in the ear & count time).
- 2) Platelet aggregation test.
- 3) Von Willebrand factor test.

The von Willebrand factor is <u>essential for platelets function</u> so we do <u>both</u> tests (2&3):

- *Ristocetin Agglutination test: Ristocetin (antibiotic) can cause artificial platelets aggregation by activating VWF to bind to glycoprotein lb (on surface of platelets) causing platelets to clump, so if we add it & platelets do not aggregate, either VWF or the platelets will be abnormal.
- Glanzmann Thrombasthenia: (Asthenia = weakness)
- Acquired Autoimmune disease.
- Rare autosomal recessive.
- Deficiency/Blockage of **platelets' fibrinogen receptors**: glycoproteins IIb-IIIa (CD41/CD61 complex), so fibrinogen cannot bind to platelets = Prolonged hemorrhage (gums, nose, bruising).
- Diagnosis: Flow cytometry
- Bernard Soulier Syndrome:
- Very rare, autosomal recessive.
- Deficiency in platelets' VWF receptor: membrane glycoprotein Ib (CD42b), which binds VWF.
- Prolonged hemorrhage.
- Structural abnormalities: Platelets are large, can show thrombocytopenia.
- Diagnosis: Flow cytometry.

- The VWF is located <u>under the endothelial cells</u>, it is exposed when the endothelium is damaged and removed.

- Heparin Induced Thrombocytopenia:

- Occurs in 5% of patients receiving **unfractionated heparin** (an anticoagulant) where **IgG** antibody develops, against **platelet factor 4** on platelet's cell membrane (in a heparin dependent matter) causing platelets aggregation = thrombosis.
- The patient has thrombocytopenia with thrombosis (like PNH).
- Can also develop in low-molecular weight heparin (fractionated) but less common.

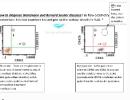
- Immune Thrombocytopenic Purpura (ITP):

- (Purpura = skin bleeding | Immune system destroys platelets = thrombocytopenia).
- Patients have isolated thrombocytopenia (sometimes anemia of blood loss).
- Most bleeding occurs in skin, mucosal surfaces (petechiae & ecchymosis), GI, urinary tract, CNS.
- Acute ITP: affects children, commonly follows viral infection, self-limited.
- Chronic ITP: affects middle age adults (F>M).
- IgG auto-antibodies against platelets membrane glycoprotein IIb/IIIa (chronic ITP).
- Splenomegaly is not always present but patients benefit from splenectomy
- Peripheral blood shows **large platelets**. Bone marrow shows increased number of **megakaryocytes**, spleen shows large aggregates of **B cells & plasma cells**.

- Thrombotic Microangiopathies:

(Microangiopathy: disease occurs in small blood vessels, slows down blood flow, bleeds).

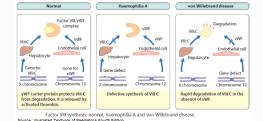
- 2 main diseases cause this syndrome: Thrombotic Thrombocytopenic Purpura (TTP), & Hemolytic Uremic Syndrome (HUS).
- TTP: we have thrombosis all over the body which results in thrombocytopenia because the platelets are consumed.
- Symptoms: Fever, microangiopathic hemolytic <u>anemia</u>, <u>neurologic</u> deficits & <u>renal</u> failure.
- **HUS**: similar symptoms as TTP but most dominantly is <u>renal</u> failure, <u>no neurologic</u> symptoms, common in **children**.
- In both diseases, the small circulation in the body is filled with platelets rich **microthrombi**, without activation of clotting factors (PT & PTT are normal, these are clotting factors).
- Pathogenesis:
- TTP: deficiency in **ADAMTS13**, a plasma protein <u>required for VWF formation</u> (It converts the precursor of VWF to the actual VWF). So, if this enzyme is absent we will only have the VWF precursor which is a very large multimer (short half-life), it is capable of binding so many platelets together forming **aggregations** = **spontaneous thrombus**.
- HUS: caused by **EHEC** (e. coli) infection in the gut that produces **shiga-toxin**, which reaches the kidneys causing endothelial damage & promotes **thrombosis**.
- Blood film in both diseases: 1) **schistocytes** (cause direct physical damage of RBCs = Traumati) this damage is caused by passing through the thrombi, 2) **thrombocytopenia**.
- Clotting factors related bleeding: (Coagulation disorders)
- Inherited or more commonly acquired.
- Vitamin K deficiency: decreased synthesis of <u>clotting factors</u> related to vitamin K: II (prothrombin), VII, IX, X 1972 (due to <u>drugs</u> more commonly warfarin, or <u>dietary</u> (rich



in green leaves like spinach السبانخ).

- Liver disease (site of clotting factors synthesis).
- DIC (Disseminated intravascular coagulation).
- Warfarin.
- Autoantibodies (binds to single or multiple clotting factors, no true deficiency but less functionality).
- Diagnosis: How to test clotting factors:
- 1) **Prothrombin time (PT)**: assesses <u>extrinsic</u> factors (V, VII) & <u>common</u> pathways (X, prothrombin or fibrinogen).
- 2) Partial thromboplastin time (PTT): assesses <u>intrinsic</u> factors (XII, XI, IX, VIII, V) & <u>common</u> pathways.
- In addition to the possible deficiencies mentioned above, an **autoantibody** (inhibitor) can interfere with the function of clotting factors.
- 3) **Mixing study**: adding an <u>extrinsic normal</u> serum to the patients serum & repeating the PT & PTT tests. If they are corrected, the patient has a true deficiency., f not, the patient has an inhibitor antibody.
- Von Willebrand Disease: (a Clotting Factors + Platelets Related Bleeding).
- The most common clotting factors-related bleeding & the most common <u>inherited</u> bleeding disorder (1% of population).
- Autosomal dominant.
- Spontaneous bleeding from mucous membranes, wounds & menorrhagia (excessive menses). (Remember: VWF is important for platelets function).
- VWF circulates the plasma & carries factor VIII. VWF is synthesized inside the endothelium (in Weibel-Palade bodies), & present beneath endothelium & inside platelets.
- After endothelial damage, the subendothelial VWF binds platelets through glycoprotein **lb**, forming **platelets plug**.
- Diagnosis: Ristocetin agglutination test.
- In VWD (D-disease) there is a compound defect: <u>non-functional platelets & deficiency in factor VIII</u>.
- Symptoms: mainly related to platelets defects, (meaning there will be **superficial** bleeding) <u>except in **homozygous** state</u> which is severe & causes VIII deficiency (resembles hemophilia A where bleeding occurs in **body cavities** not superficially, prolonged PTT)
- Type1 VWD: Most common, <u>decreased levels</u> of serum VWF.
- Type IIA: absent high molecular weight multimers of VWF (precursor).
- Type IIB: the high molecular weight multimers are present but have <u>abnormal function</u>
 (hyperfunctional with shorter half-life) which they consume platelets, so patients have mild chronic thrombocytopenia (same as TTB but TBB was more severe & widespread) but with no thrombi formation.
- Hemophilia A: (classic hemophilia)
- The second most common inherited bleeding disorder.
- X-linked inheritance. Can affect females (random inactivation of X normal chromosome) 70% are familial. 30% are sporadic with new mutations.

- Reduced factor VIII:
- If there's mild deficiency, excessive bleeding occurs AFTER trauma (esp in major surgery, or in circumcision of newborn males). If severely deficient (<1% of normal level), life-threatening bleeding may occur.
- 10% have normal level but non-functioning factor.
- Characteristic: Bleeding tends to occur in **deep tissues** with mechanical stress (Muscles, joints, body cavities.. not superficially). As a growing child, repetitive bleeding will develop **deformity in joints**. Skin petechiae is absent.
- Prolonged PTT (VIII def), corrected by mixing study.
- Specific assay test is available.
- Hemophilia B: (Christmas disease)
- Deficiency in factor IX.
- X-linked.
- Much less common than Hemophilia A.
- Clinically similar to Hemophilia A.
- If there's mild deficiency, bleeding occurs after trauma. If severely deficient, life-threatening bleeding may occur (like hemophilia A).
- Prolonged PTT, corrected by mixing study.
- Factor assay test is available (to differentiate from Hemophilia A).
- Endothelial Related Bleeding:
- Disseminated Intravascular Coagulation (DIC):
- Normally when forming a clot, there's an equilibrium between the formation of the new clot & the lysis of this clot (**fibrinolysis** is needed to stop the clot from getting too big & to get rid of it when the time is right).
- Pathogenesis:
- In DIC, there's an <u>unbalance</u> between the two mechanisms & we have a favor in **formation of new clots**. This occurs **secondary to sepsis, malignancy, trauma, obstetric complications (pregnancy complications), or intravascular hemolysis** all which release a procoagulant/prothrombic agent (like tissue factors, LPS from bacteria, or enzymes) causing **widespread endothelial damage & DIC**. Rapid consumption of clotting factors (prolonged PTT, PT) & platelets, exceeding replacement process. So we have **disseminated clots** which will cause **thrombocytopenia**, so in the other end patients develop lifethreatening bleeding.
- Peripheral blood shows **schistocytes**, anemia & thrombocytopenia.
- Causes of DIC:
- Endothelial damage: <u>septicemia</u>, <u>viremia</u>, <u>snake venom</u>, <u>complicated labour</u> (placenta produces tissue factor which forms thrombi. So, the tissue factor not only comes from the endothelium), <u>advanced cancer</u> (leukemia or epithelial cancers containing mucin), <u>severe trauma</u>, <u>severe inflammation</u> (acute pancreatitis).



Lec 6 | WBCs DISORDERS:

- Disorders include deficiency (leukopenia) & proliferation.
- **Leukocytosis**: increased number of WBC in peripheral blood (any cause). If benign, it is called **reactive** leukocytosis.
- Leukemia: increased number of WBC in peripheral blood secondary to neoplastic disease.
- Leukocytosis is more common than leukopenia.
- Reactive leukocytosis is more common than leukemia.
- Neutropenia / agranulocytosis:
- Patients become susceptible to infections (namely bacterial & fungal).
- If neutrophil count drops below 500 cells/uL > spontaneous infection.
- Decreased production: aplastic <u>anemia</u>, <u>myelophthisic anemia</u>, <u>myelodysplastic syndrome</u>, <u>advanced megaloblastic anemia</u>, <u>chemotherapy</u>, <u>drugs</u> (anti-epileptic, anti-hyperthyroidism)
- Increased destruction: immune mediated, splenomegaly, overwhelming bacterial, fungal or rickettsial infections.
- Reactive leukocytosis:
- **Neutrophilia**: infections (with liquefactive necrosis), inflammation (with coagulative necrosis, results from ischemia).
- **Lymphocytosis**: viral infections, **Bordetella pertussis** infection, chronic infections (TB, **brucellosis**).
- Monocytosis: chronic infections, rheumatologic diseases, inflammatory bowel disease.
- **Eosinophilia**: asthma, allergic diseases, drug sensitivity, parasitic infections, **Hodgkin lymphoma**.
- Basophilia: rare, seen in myeloproliferative neoplasms.
- Reactive lymphadenitis:
- Antigenic stimulation in lymph nodes.
- Causes lymph node enlargement (lymphadenopathy).
- Can be localized or generalized.
- Acute non-specific lymphadenitis:
- Swollen, enlarged & painful lymph nodes.
- Overlying skin is red & may develop a sinus tract.
- The germinal centers in the lymph node are enlarged, infiltrated by neutrophils. With severe infection, **liquefactive necrosis** develop & may enlarge to form an **abscess**.
- Chronic non-specific lymphadenitis:
- Chronic enlargement of lymph node, **painless**.
- Follicular hyperplasia: chronic proliferation of B-lymphocytes, seen in rheumatologic diseases, toxoplasmosis, & HIV infection.
- Paracortical hyperplasia: proliferation of T-lymphocytes, seen in viral infections (example EBV), after vaccination & drug reaction.
- Sinus histiocytosis: proliferation of macrophages in lymph node sinuses, seen in adjacent cancer.
- Cat-scratch disease:
- Bartonella henselae.
- Transmitted from cats (bite, scratch, infected saliva).

- Most commonly in children.
- Causes acute lymphadenitis in neck/axilla area.
- Symptoms appear after 2 weeks of infection.
- Bacteria causes liquefactive necrosis & necrotizing granulomas in lymph nodes.
- Mostly self-limited in 2-4 months, rarely can disseminate into visceral organs.
- Hemophagocytic lymphohistiocytosis (HLH):
- HLH is an uncommon disease.
- Viral infection or other inflammatory agents activate <u>macrophages (histiocytes)</u> throughout body to engulf normal blood cells & their precursors in bone marrow.
- Patients have **defective genes related to the function of cytotoxic T-cells & natural killer cells**, thus they are engaged with their target (virus-infected cells) for a long period & release **excess interferon-y that activates macrophages**.
- Activated macrophages release **TNF** & **IL-6** that causes systemic symptoms of inflammation (**systemic inflammatory response syndrome "SIRS"**).
- HLH-types:
- 1) Infants & young children:
- Homozygous defects in gene PRF1 that encodes perforin, an essential enzyme in cytotoxic T-lymphocytes & natural killer cells.
- 2) Adolescents & adults:
- X-linked lymphoproliferative disorder (males).
- Defective Signaling lymphocyte activation molecule (SLAM)-associated protein.
- Inefficient killing of **EBV**-infected B-lymphocyte.
- 3) May be associated with **systemic inflammatory disorders** such as rheumatologic diseases.
- Patients have heterozygous genetic defects in genes required for cytotoxic T-cells
- 4) **T-cell lymphomas**: malignant T-cells produce aberrant cytokines leading to dysregulation of normal cytotoxic T-cells
- Symptoms:
- Fever, splenomegaly & pancytopenia | High ferritin | High triglyceridemia | High serum IL-2
- Low level of blood cytotoxic T-cells & natural killer cells.
- BM: numerous macrophages engulfing RBCs, platelets & granulocytes.

Lec 7 | Neoplastic proliferation of WBCs:

- Common malignant **fluid** tumors.

- Range from indolent to very aggressive cancers.

I made up a video explaining the following part, check it here (copy the link): https://youtu.be/90T89uyGr_g

- Classified by the WHO classification system for Hematolymphoid neoplasms.
- Classified according to **lineage** (myeloid vs lymphoid, B vs T, etc...), based on morphology, protein and molecular tests
- Lymphoma:
- Neoplastic proliferation of lymphoid cells that forms a mass; may arise in a lymph node or in extranodal tissue. (Neoplasm of lymphocyte, malignant).
- Divided into non-Hodgkin lymphoma (NHL, 60%) & Hodgkin lymphoma (HL, 40%)
- NHL is further classified based on cell type (e.g., B and T-cell lymphoma), cell size, pattern of cell growth, expression of surface markers, & cytogenetic translocations:

- 1. Small B cells follicular lymphoma, mantle cell lymphoma, marginal zone lymphoma, & small lymphocytic lymphoma SLL (i.e., CLL cells that involve tissue رح يتوضح لقدام).
- 2. Intermediate-sized B cells Burkitt lymphoma.
- 3. Large B cells diffuse large B-cell lymphoma.
- Called **leukemia** if affects bone marrow or peripheral blood, **lymphoma** if affects lymph nodes or solid organs (extranodal lymphoma).
- B-cell lymphomas are more common, involve Ig gene (accidents during class-switch).
- All are malignant, but can be of low-grade (indolent) or high-grade (aggressive).
- Diagnosis is made through morphologic & immunophenotypic (immunohistochemistry or flow cytometry) examination of biopsy.
- Sometimes a test for **mutations** is performed
- Immunodeficiency is a risk factor for lymphoma, & vice versa.
- Commonly tests immunophenotypes:
- CD45: leukocyte-common antigen. (In all WBCs).
- B-cells express CD19, CD20, CD22.
- T-cells express CD2, CD3, CD5, CD7. (أرقام صغيرة)
- Germinal center lymphocytes express CD10 & Bcl6.
- Plasma cells express **CD138. (**More mature = أكبر رقم)
- T-helper lymphocytes express CD4.
- Cytotoxic lymphocytes express CD8.
- Blasts express CD34.
- Lymphoblasts express TDT (terminal deoxynucleotidyl transferase) & CD10.
- Hodgkin lymphomas (HL):
- Most common type of lymphoma in Jordan, in children & young adults.
- The neoplastic cells are **giant**, different morphology & immunophenotype from normal lymphocytes, forms <10% of tumor mass, while **the rest are normal inflammatory cells** (due to the cytokines' attraction also).
- Arises in a **localized area of lymph nodes** (**neck, axilla, mediastinum**), **then spreads** to anatomically adjacent LN group.
- Mesenteric LNs & Waldeyer ring are rarely involved.
- Bimodal age distribution (first peak in children, then in old age groups).
- Classification:
- Classic Hodgkin lymphoma (95%):
- 1) nodular sclerosis 2) mixed cellularity 3) lymphocyte-rich 4) lymphocyte-depleted.
- Cells express CD30 & CD15, & negative for CD20, CD3 & CD45.
- Reed-Sternberg cells (the HALLMARK): bi or multi-nucleated giant cell, prominent nucleoli, abundant cytoplasm, <u>eosinophilic</u> nuclei.
- Hodgkin <u>cells</u>: <u>mononuclear</u> giant cell. مش ضروري تکون بنواتين
- B-symptoms: patients commonly have <u>fever</u>, night sweats, & weight loss. (due to the cytokines that are produced by the reed-sternberg cells).
- Non-Classic Hodgkin (5%): نوع واحد بس: Nodular lymphocyte-predominant.
- 1- Nodular sclerosis HL: sclerotic = hard = fibers
- Common in children & young adults (females).
- Thick fibrous bands separating nodules of lymphocytes.



- RS cells show clear cytoplasm, as a retraction artifact from formalin, called Lacunar cells.

2- Mixed cellularity HL:

- Common in old people.
- Numerous RS cells that prouce IL-5 → attract eosinophils.
- No fibrous bands.
- Associated with **EBV** مهم.
- Background: mixed neutrophils, eosinophils, lymphocytes, plasma cells, & histiocytes.

3- Lymphocyte-predominant HL: (non-classic Hodgkin lymphoma)

- Malignant cells are called lymphohistiocyte (L&H) variant RS cells, or simply LP cells.
- Popcorn cells (the HALLMARK).
- Giant cell with multilobated vesicular nuclear lobes & small blue nucleoli.
- Express normal B-cell markers (CD45, CD20), negative for CD30 & CD15.
- Background of lymphocytes, arranged in **nodules**.
- Excellent prognosis.
- Pathogenesis & outcome of HL:
- Originate from germinal center B-cells.
- Frequent association with EBV.
- RS cells → more IL-5, → more eosinophils.
- Also secrete IL-13 & transforming growth factor-B (TGF-ß) which activates other RS cells.

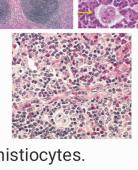
Malignant cells in non classic HL

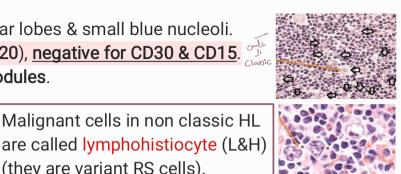
(they are variant RS cells).

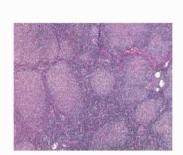
- Express programmed death (PD) ligands which antagonize T-cell response, escaping immune surveillance.
- Prognosis is generally good.
- Non-Hodgkin lymphomas:

1- Follicular lymphoma:

- Second most common NHL.
- Common in the West (less in Asian countries).
- Mainly in >50 years, M>F.
- Patients present with **generalized lymphadenopathy**.
- Commonly disseminates to **BM, liver & spleen** (80%).
- Pathogenesis:
- t(14;18) (Bcl2 → IgH): BCL2 on chromosome 18 translocates to the Ig heavy chain locus on chromosome 14. (MORE BCL2 NO APOPTOSIS OF CELLS CANCER).
- Overexpression of Bcl2 prolonged survival of lymphoma cells.
- 1/3 of patients have mutations in genes encoding histone-modifying proteins (epigenetic change).
- Morphology:
- The normal architecture of lymph node is effaced by nodular proliferation (follicles).
- The follicles are composed of small irregular "cleaved" lymphocytes "centrocytes" & large lymphocytes with vesicular nuclei and small nucleoli (centroblasts).
- *cyte = mature | blast = immature | Cenrtro: coz they're in the germinal center*.
- In most cases, the **centrocytes predominate (low-grade)**. With time, centroblasts increase and the disease becomes high-grade.
- Cells express CD20, Bcl2, Bcl6. (coz they're germinal center cells [B cells]).

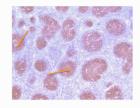






phase in the cell cycle.

- We can differentiate between malignant follicular lymphoma (Bcl2 +ve) & benign reactive follicular hyperplasia (Bcl2 -ve) by Bcl2 immunohistochemical stain. If the follicle is Bcl2 stain +ve it means malignancy & FL.



- Prognosis:
- Indolent course (low-grade).
- Conventional chemotherapy is ineffective لأن العدد بكون قليل بالبداية.
- Overall median survival is 10 years.
- 40% transform to DLBCL (worse than de novo DLBCL).
- Therapy is reserved to symptomatic patients, bulky tumors & transformation (cytotoxic chemotherapy, anti-CD20, anti-Bcl2).

Lec 8 | 2- Mantle cell lymphoma:

- Arises from naïve B-cells in mantle zone.
- Most commonly in older men.
- t(11;14) that fuses cyclin D1 gene to IgH locus.
- Overexpression of cyclin D1, promote progression of cell cycle.
- Affects LNs, Waldeyer ring.
- Commonly involve BM, blood in 20%, sometimes in GIT, appears as submucosal nodules (lymphomatoid polyposis).
- Morphology: small centrocytes, but in diffuse pattern.

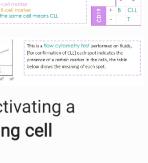
3- Exranodal marginal zone lymphoma:

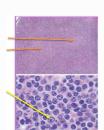
- Indolent B-cell lymphoma.
- Second most common lymphoma in extranodal sites in adults.
- Arises in the setting of chronic inflammation (most lymph nodes don't have a marginal zone, marginal zones are formed when there is an activation of the cells (through the germinal centers) this activation occurs in chronic inflam.).
- Can complicate autoimmune disease in localized areas (Hashimoto thyroiditis, Sjogren syndrome), & can complicate Helicobacter pylori-chronic gastritis. Recall: Parients Presents with unilateral enlarge
- Infiltrate the **epithelium** & causes destruction.

4- Small lymphocytic lymphoma(SLL) & chronic lymphocytic leukemia(CLL):

- CLL= Low-grade neoplastic proliferation of naïve B-cells that co-express CD5 & CD20.
- SLL= CLL with involvement of lymph nodes that leads to generalized lymphadenopathy.
- CLL is the most common leukemia overall (SLL represents only 4% of NHL).
- Affects elderly, not common in Asia.
- Arises in LNs & solid tissue (SLL), or in BM & peripheral blood (CLL).
- Pathogenesis:
- Increased Bcl2 protein, secondary to deletion mutation in genes encoding micro-RNAs that are negative regulators of Bcl2.
- B-cell receptor (BCR) (a surface immunoglobulin), is autonomously active, activating a intermediary called Bruton tyrosine kinase (BTK) that activates genes promoting cell survival.
- Chromosomal translocation is rare.
- Morphology of SLL:
- LN shows effacement of architecture.
- Most of neoplastic cells are **small** in size, round, dark chromatin, along with







few large cells with central prominent nucleolus (prolymphocyte).

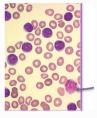
- Proliferation centers: focal areas containing large number of prolymphocytes & 1 mitosis.
- Morphology of CLL:
- Increased lymphocytes Leukemic cells appear similar to lymphocytes.
- Occasional prolymphocytes.
- Smudge cells.
- Clinical features:
- Many patients are asymptomatic.
- Leukocytosis can reach very high levels (>200,000).
- 50% have generalized lymphadenopathy & hepatosplenomegaly.
- Hypogammaglobulinemia (due to immune dysfunction by suppressing normal B-cells)
- *Infection is the most common cause of death in CLL.
- Anemia: 15% of patients develop auto antibodies against RBCs & platelets (cold type), secreted by normal B-cells.
- Thrombocytopenia: similar to ITP.
- Variable outcome: many patients have similar survival to general population. In contrast, P53 mutation makes prognosis worse.
- Richter transformation: transformation to diffuse large B-cell lymphoma, survival <1 year.

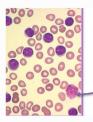
5- Burkitt lymphoma (BL):

- Most common NHL in children.
- Three types:
- 1) Endemic in parts of Africa (100% EBV+) | jaw mass.
- 2) Sporadic in the rest of the world (20% EBV+), latent infection abdomen mass.
- 3) Immunodeficiency associated BL.
- Extranodal disease: jaw (endemic), terminal ileum, retroperitoneum, ovary, CNS (sporadic), sometimes leukemic.
- Pathogenesis:
- t(8;14) (MYC → IgH).
- Overexpression of MYC transcription factor, potent regulator of Warburg metabolism (aerobic glycolysis). (A LOT OF C-MYC = A LOT OF GRAWTH).
- Neoplastic lymphocytes are B-cells of germinal center origin (CD20, Bcl6).
- Aggressive, but responsive to chemotherapy.
- Morphology:
- Intermediate size cells.
- Monomorphic.
- Round or oval, multiple small nucleoli.
- Lipid vacuoles in cytoplasm.
- Very high mitosis, tangible body macrophages engulfing nuclear debris.
- Starry sky appearance (macrophages look white, surrounded by blue color of other cells).

6- Diffuse large B-cell lymphoma (DLBCL):

- Most common NHL, in adults.
- High-grade (rapidly growing mass, clinically aggressive).
- Most common **non-cutaneous extranodal lymphoma** (**GI** most common).
- 2/3 have activating mutation of Bcl6 promotor gene, which is an important regulator of





has a skin **rash**

gene expression in germinal center B-cells.

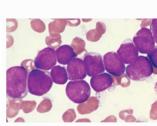
- 30% have t(14;18) (Bcl2 | IgH) | overexpression of Bcl2 protein (anti-apoptotic).
- Few has mutation in MYC gene.
- Morphology:
- Cells are **large** (3x normal lymphocytes), **irregular nuclei**, **small nucleoli**, disrupted (no follicles or sinuses), with frequent **mitosis**. **Positive for CD20**.
- DLBCL-subtypes:
- Arise de novo (sporadically) or from transformation of a low-grade B-cell lymphoma.
- **Primary mediastinal large B-cell lymphoma**: arises from **thymic B-cells**, most patients are middle age **women**, spread to **CNS** & **visceral organs**. **Females>males**
- **EBV-associated DLBCL**: arise in immune suppressed patients & in elderly, begin as **polyclonal** B-cell proliferation.
- Human Herpes Virus-8 (primary effusion lymphoma): causes DLBCL effusion in pleural cavity, HHV-8 encodes for cyclin D1 mimicker protein, seen in immune suppressed patients.
- Chronic leukemia: = Neoplastic proliferation of mature circulating lymphocytes.
- characterized by a high WBC count.
- Chronic lymphocytic leukemia (CLL). شرحناه فوق
- Hairy cell leukemia:
- Uncommon low-grade B-cell leukemia.
- Affects older patients, more common in men, smokers.
- Leukemic cells are <u>few</u> in number, have <u>hairy cytoplasmic projections</u>.
- Splenomegaly, pancytopenia (Leukemic cells heavily infiltrate BM & spleen).
- Leukemic cells are biologically active, inhibit hematopoiesis & cause bone marrow fibrosis.
- LN involvement is very rare (no lymphadenopathy).
- Mutation in serine/threonine kinase BRAF gene.
- Very sensitive to chemotherapy.
- Adult T-cell leukemia/lymphoma (ATLL):
- Neoplastic CD4+ T-lymphocyte.
- Caused by a retrovirus; human T-cell leukemia virus-1 (HTLV-1).
- Endemic in Japan, Caribbean basin, West Africa & some parts of South America.
- Sporadic everywhere.
- Virus is transmitted through **body fluids** (blood, breastfeeding, sexual intercourse).
- 5% of carrier develop neoplasm, after a latent period of 40-60 years.
- Tax protein is essential for viral mRNA transcription, also <u>interacts</u> with <u>PI3 kinase</u> & <u>cyclin D</u>, <u>represses</u> expression of <u>CDK inhibitors</u>, & <u>activates</u> NF- kB, all promote cell survival. Tax also causes <u>genomic instability</u>, inhibiting DNA-repair.
- Symptoms: skin lesions (rash), lymphadenopathy, lymphocytosis, hepatosplenomegaly & hypercalcemia. (T-CELL LEUKEMIA LIKES TO GO TO SKIN & MAKE A RASH).
- Neoplastic cells express CD25 (IL-2 receptor).
- Poor prognosis.
- Mycosis fungoides & sezary syndrome (Cutaneous lymphoma):
- *fungoides = grows like a mushroom.
- Sezary syndrome is a subtype of mycosis fungoides that's leukemic.
- Neoplastic of mature CD4+ T-cells, that home to skin.

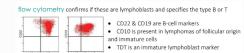


Lymphoblast:

- Symptoms: erythema, progressive to plaque then tumor.
- Neoplastic lymphocytes have **irregular nuclear membrane (cerebriform)**, affecting **epidermis** & **dermis**.
- With disease progression, lymphoma disseminates to LNs & viscera.
- **Sezary syndrome**: a variant of MF, patients present initially with widespread erythema & blood leukemia of neoplastic cells (Sezary cells, **cerebriform shaped**).
- Peripheral T-cell lymphoma:
- Most common mature T-cell lymphoma.
- Aggressive, poor prognosis.
- Neoplastic cells secrete inflammatory cytokines, causing severe inflammation.
- Positive for CD2, CD3, CD5, CD7.
- Acute leukemia: = Neoplastic proliferation of blasts (immature lymphocytes).
- Acute myeloid leukemia (AML): myeloid disorders رح نشرحه مع
- Acute lymphoblastic leukemia (ALL): precursor B&T-cell neoplasms U
- Precursor B and T cell neoplasms: (Tumors of blasts (lymphoblasts)).
- Lymphoblastic lymphoma when occurs in solid tissue (T-cell type > B type).
- Acute lymphoblastic leukemia (ALL):
- When circulates peripheral blood & involve bone marrow (B>T).
- B-ALL is the most common childhood malignancy.
- Neoplastic cells are lymphoblasts, the most immature lymphoid cell.
- Aggressive neoplasms, express CD34 & TDT. a DNA Polymerase, presents in the nucleus of lymphoblasts only.
- T-ALL is less common, presents in adolescents, involving thymus, more common in boys.
- B-ALL tends to disseminate to solid organs (brain, testis, spleen).
- Pathogenesis:
- Mutations in transcription factors for genes responsible for maturation of blasts.
- In T-LL: 70% have mutations in NOTCH1 gene.
- In B-LL, mutation in PAX5 gene.
- Mutations in RAS signaling & tyrosine kinase proteins promoting cell survival.
- Most childhood B-ALL have hyperdiploidy (>50 chromosomes) & t(12;21), involving ETV6 & TUNX1 genes, creating new transcription factor. → good prognosis.
- Adult B-ALL exhibits t(9;22) between ABL & BCR genes, similar to chronic myeloid leukemia, creating a new tyrosine kinase protein (imatinib). → poor prognosis.
- T-ALL shows mutation in PTEN gene (tumor suppressor) & CDKN2A (promotes cell cycle).
- Morphology of ALL:
- Blasts are large, high N/C ration, chromatin is open (pale).
- Nucleolus sometimes present, cytoplasm is not granular.
- Clinical features:
- Anemia, thrombocytopenia.
- Damage to solid organs secondary to leukemic infiltration.
- Favorable prognostic factors in B-ALL: hyperdiploidy, low WBC count, age btw 2-10 years.
- Poor prognostic factors in B-ALL: age <2 yrs, age in adolescents/adults, WBC count >100k.

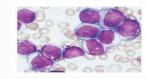






- Myeloid neoplasms:

- Arises from hematopoietic progenitor stem cells.
- Neoplastic cells proliferate & efface normal hematopoietic cells.
- Divided into:
- 1) Acute myeloid leukemia (AML): impaired maturation, increased proliferation (myeloblast).
- 2) Myeloproliferative neoplasms (MPN): normal maturation, increased proliferation.
- 3) Myelodysplastic syndrome (MDS): abnormal maturation, normal proliferation.
- MPN & MDS can transform to AML.
- BM is hypercellular in all myeloid neoplasms.
- Clonal hematopoiesis of indeterminant prognosis (CHIP): represents a precursor for AML & MDS, patient has normal cell count despite the presence of a clone with a mutation.
- Acute myeloid leukemia (AML): immature immature immature, ok?
- Occur at all age groups, but more common in elderly.
- Heterogenous, diagnosis is made by morphologic, immunophenotypic & karyotype studies.
- Prognosis depends mostly on **type of mutations** (molecular & cytogenetic studies).
- Symptoms are accelerated, become significant within few weeks.
- Symptoms are related to anemia, thrombocytopenia & neutropenia.
- Involvement of LN, spleen & solid organs is rare, but when occurs, it is called **myeloid sarcoma** (acute monoblastic leukemia)
- Pathogenesis:
- **Mutations** in genes of **transcription factors** required for maturation & differentiation of myeloblasts.
- Additional mutations in **tyrosine kinase pathways** (RAS)
- Epigenetic mutation is common (20%); mutation is isocitrate dehydrogenase (IDH) produces an oncometabolite that blocks enzyme of epigenome & interferes with myeloblast differentiation.
- Who-classification:
- <u>Therapy</u> related AML: occurs after treatment with chemo or radiotherapy.
- AML with recurrent cytogenetic mutation.
- AML with myelodysplasia: occurs de novo or complicates MDS.
- AML-Not otherwise specified.
- Diagnosis of AML: 20% blasts in peripheral blood or bone marrow (of nucleated cells).
- Morphology: large cells, high N/C ration, fine granules in cytoplasm, fine chromatin, prominent nucleoli.
- Auer rods: small pink rods present in cytoplasm, represent peroxidase enzyme.
- Myeloblasts express CD34, myeloperoxidase (MPO), CD13, CD33
- Sometimes: monoblast, erythroblast, megakaryoblast.
- Outcome:
- Generally poor, <30% responds to chemotherapy.
- Worse than ALL.
- P53 mutation: worse outcome.
- IDH inhibitors are new promising drugs.





- Acute promyelocytic leukemia (AML-M3): (a classic type of AML)
- Maturation is arrested at promyelocyte stage.
- Leukemic cells appear similar to promyelocytes (heavy cytoplasmic granules, numerous **Auer rods**, **negative for CD34**).
- Carry recurrent mutation: t(15;17) fusion between PML gene (chrom 15) with alpha retinoic acid receptor (RARA) (chrom 17). Chimeric fusion gene produces a protein that blocks promyelocyte maturation by inhibiting the action of retinoic acid.

-NO RETINOIC ACID RECEPTOR - NO MATURATION - PROMYELOCYTE ACCUMULATION-

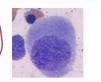
- All trans-retinoic acid (ATRA) (a vitamin A analogue), overcomes this block. Effect is synergistic with arsenic trioxide (degrades oncoprotein).
- Malignant promyelocyte secrete tissue factor, causing DIC.
- ((Auer rods in the promeylocytes can activate the coagulation cascade 🔁 DIC)). للتوضيح
- APL: malignant promyelocytes show numerous cytoplasmic granules and Auer rods. The nuclei are commonly cleaved.



- Myelodysplatic syndrome (MDS): (chronic neoplastic disease)
- <u>AML</u> may arise from <u>pre existing dysplasia</u> from prior exposure to <u>alkylating agents</u> (<u>chemotherapy</u>) or radiotherapy (<u>which cause this myelodysplastic syndrome</u>).
- It means: Abnormal maturation with increased blasts (but <20%).
- If >20% → ACUTE MEYLOID LEUKEMIA (AML) (not MDS anymore).

اللي بالأخضر من كتاب باثوما للتوضيح

- Represents **cytopenias** with **hypercellular** bone marrow.
- Main feature: **defective maturation**, **ineffective hematopoiesis**, high risk for transformation to **AML** (if accumulating more mutations).
- **BM is replaced by** a clonal progeny سلالة of **transformed stem cell** that has a capacity to differentiate into 3 cell lines but with **abnormal** morphology & function.
- Hallmark of MDS: hypercellular BM, peripheral cytopenia, & morphologic dysplasia.
- Most cases are idiopathic, rarely follows chemo or radiotherapy (therapy-related).
- Most patients are old.
- Pathogenesis:
- Chromosomal aberration اضطراب in 50% of cases: monosomy 5, monosomy 7, deletions of 5q, 7q, 20q, trisomy 8.
- Mutations in epigenetic factors that regulate DNA methylation & histone modifications.
- RNA splicing factors: abnormal RNA processing Ring sideroblasts.
- Transcription factors.
- 10% have P53 mutation.
- Morphology:
- **Erythroid**: macrocytic anemia, megaloblastoid nuclei, **ring** sideroblasts (iron accumulation inside mitochondria).

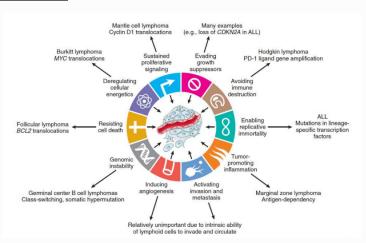






- Myeloid: decreased granulation, hyposegmented nuclei of neutrophils.
- Megkaryocytes: small, hypolobated nuclei.
- Myeloblasts: can be increased, but <20% of nucleated cells.
- Symptoms:
- Refractory anemia, thrombocytopenia, neutropenia. Survival 9-29 months.

- Plasma cell disorders (Dyscrasias):
- Plasma cell myeloma (multiple myeloma):
- Commonly in elderly, more common in men, African origin.
- Malignant plasma cells secrete monoclonal protein (M protein), most commonly IgG (60%), then IgA (20-25%), followed by other types.
- -Sometimes only light chain (kappa or lambda) are detected in urine (Bence Jones proteins).
- Pathogenesis:
- t(11;14) IgH-cyclinD1 & cyclinD3.
- MYC gene mutation occurs late in disease.
- IL-6 is important is plasma cell survival, secreted from BM macrophages & fibroblasts.
- Malignant plasma cells activate expression of receptor activator of NF-kB ligand (RANKL) that activates osteoclasts, causing bone resorption.
- Other products inhibit osteoblast function (hypercalcemia because Ca2+ gets out of the bone matrix & pathologic fracture because of thin bone).
- Malignant plasma cells suppress normal B-cell function.
- Directly inhibits erythropoiesis (early onset anemia).
- Renal failure: obstruction to distal collecting tubules by proteinaceous cast (Bence Jones protein, immunoglobulin, albumin). Hypercalcemia produces kidney stones, causing further obstruction & renal infection.
- Morphology:
- Peripheral blood: RBCs show rouleaux formation.
- BM: increased number of plasma cells (>10% of bone marrow cells)
- Morphologically might resemble normal plasma cells, or become abnormal (prominent nucleoli, multinucleation, cytoplasmic vacuoles).
- Abnormal figures with multinuclei & cytoplasmic vacules-containing Ig
- prominent nucleoli instead of the normal cartwheel chromatin appearance of plasma cells' nuclei.
- Clinical & laboratory findings:
- Very high ESR.
- CRAB (hyperCalcemia, Renal failure, Anemia, Bone fracture).
- Amyloidosis: in few patients, secondary to deposition of light chain (AL-amyloid).
- In advanced disease: pancytopenia, plasma cell leukemia, visceral damage.
- Slowly growing, not curable with conventional chemotherapy.
- Lenalidomide: inhibits oncogenic proteins.
- Proteasome inhibitors: inhibit degradation of misfolded proteins. When accumulate, cause apoptosis in plasma cells.



but ATLL has a skin **rash**.

- ♣Polycythemia Vera
- ♣Primary Myelofibrosis Essential Thrombocytopenia
- 2. Langerhans Cell Histiocytosis **♥**Multisystemic LCH
 - **♥**Unisystem LCH

- Myeloproliferative neoplasms (MPN):
- Maturation is normal, but proliferation is high.
- Permanently active tyrosine kinase pathway, independent from growth factors.
- BM is hypercellular, peripheral blood shows cytosis (leukocytosis, thrombocytosis, & erythrocytosis).
- Neoplastic stem cells in MPN often seeds to spleen, liver & occasionally LNs, causing extramedullary hematopoiesis & thus hepatosplenomegaly.
- Tendency to transform to AML.
- Chronic myeloid leukemia:

This a counter to Chronic Lymphoid Leukemia (CLL)

- Most common MPN.

- t(9;22) - Philadelphia chromosome, results in fusion of Bcr/Abl genes & production of a tyrosine kinase that results in prolonged cell survival.

- Mutation is present in **all BM cells** (myeloid, erythroid, & megs).

Affects adults 25-60 years.

- Symptoms (non-specific): fatigue, heavy abdomen, weight loss.
- Imatinib: tyrosine kinase inhibitor, specific for bcr/abl mutation.
- Accelerated phase: worsening of symptoms, higher WBC count, thrombocytopenia, resistance to imatinib.
- Blast crisis: transformation to acute leukemia (AML>ALL).
- Morphology of CML:
- Leukocytosis, can be >100K | Thrombocytosis | Anemia.
- Shift to left | Basophilia | eosinophilia.
- BM: increased myeloid & megs | Spleen: EMH | Blasts: low.
- -Leukemoid rxn(looks like leukemia): high WBC & shift to left, occurs in severe inflammation
- Polycythemia vera:
- Mutation in tyrosine kinase JAK2, normally acts in the signaling pathway of erythropoietin receptor & other growth factor receptors.
- Hematopoietic cells become less dependent on growth factors.
- Excessive proliferation of erythroid, megs, & myeloid (panmyelosis), erythrocytosis is most prominent, results in polycythemia (low erythropoietin level).

- Insidious onset of symptoms: middle age, plethora (skin full of erythema), sometimes cyanosis (deoxygenated Hb), headache, dizziness, pruritis, peptic ulcer.

- Thrombosis & tissue infarction, bleeding is also common (GIT), gout.
- Spent phase: occurs after an interval of 10 years of symptoms, BM become fibrotic, We have a lot of platelets, but with hematopoiesis shifts to spleen.

- Blast crisis: transformation to AML (rare).

- Treatment: phlebotomy, JAK2 inhibitor.
- Laboratory findings: High RBC count, hematocrit of 60% & more.
- Leukocytosis | Basophilia | Thrombocytosis.
- Primary myelofibrosis:
- Over BM fibrosis, reducing capacity for hematopoiesis, leads to cytopenia & massive EMH.

impaired function

- JAK-STAT signaling pathway is active in all cases.

Remember! we have cytopenia in Myelodysplastic syndromes (MDS)

This translocation also occurs in B acute lymphoblastic Leukemia (BALL), in adults

Panmyelosis: neoplastic proliferation

and maturation of erythroid, megakaryotic and granulocytic elem

Polycythemia --->Thrombosis

Thrombocytosis --->Bleeding

©Remember! we differentiate polycythemia vera from secondary or reactive polycythemia by the **erythropoietin** level. The secondary polycythemia has high erythropoietin level.

EMH = extramedullary hematopoiesis

- 50% have mutation in JAK2, 5% in MPL gene (thrombopoietin receptor).

- Neoplastic megakaryocytes secrete **TGF-B**, which **activates fibroblasts** in BM to deposit reticulin & collagen fibers, also causes **angiogenesis**.
- RBC production is impaired, patients have anemia.
- Morphology:
- Peripheral blood: leucoerythroblastic anemia: tear-drop cells, nucleated RBCs, shift to left.
- WBC: can be normal or increased. Platelets: high, then low.
- BM: early: hypercellular & focal fibrosis, late: hypocellular & extensive fibrosis.
- DOMINENT CELLS: Megakaryocytes, they form clusters.
- Symptoms(non-specific): weight loss, anemia, massive <u>splenomegaly</u>, <u>gout</u>, <u>bleeding</u>, infection.
- Worse outcome than CML & P Vera. 4-5 years survival. Frequent transformation to AML.
- JAK2 inhibitor: decreases splenomegaly & symptoms.
- Essential thrombocythemia: Cythemia = Cytosis
- Predominantly thrombocytosis (occasional leukocytosis).
- JAK2 mutation is sometimes positive, but NO bone marrow fibrosis.
- Splenomegaly is positive in 50%.
- Good outcome.
- Langerhans cell histiocytosis (LCH):
- Neoplasm of dendritic cells.
- Langerhans cells express CD1a & Langerin.
- <u>Langerin is a transmembrane protein, attached to Birbeck granules</u> (tennis ricket shape under electron microscope).
- Proliferating Langerhans cells appear large & vacuolated, similar to macrophages.
- *LCH is a solid tumor & it develops in tissues, so it is not a leukemia.
- Pathogenesis: acquired mutation in serin/threonine kinase BRAF, leads to its hyperactivity.

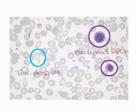
This reminds us of Hodgkin Lymphoma,

but in the HL there are a few cancerous

cells, while in the eosinophilic granuloma

there are numerous cancerous cells

- Multisystemic LCH:
- Occurs mostly in **children less than 2 years**.
- Multiple cutaneous lesion, composed of LCs.
- Hepatosplenomegaly & lymphadenopathy.
- Pulmonary lesions.
- Osteolytic lesions.
- Extensive bone marrow infiltration leads to pancytopenia.
- Treated with **chemotherapy**.
- Unisystem LCH (eosinophilic granuloma):
- Affects a **single organ**, most commonly **bone**, then **skin**, **lung**, **stomach**.
- Unifocal or multifocal:
- Unifocal unisystem disease is asymptomatic, can cause pain.
- Mulfocal unisystem disease in **children**, commonly affects **skull/calvaria bone**, extends to pituitary gland causing **diabetes insipidus**, **exophthalmous** (**Hand-Schuller-Christian triad**).
- Proliferating LCs are admixed with numerous eosinophils, lymphocytes, plasma cells, & neutrophils.
- Treatment: unifocal: surgical excision, multifocal: chemotherapy, sometimes spontaneous regression!!!





" وقد اجمع عقلاء لل أمة على أن النعيم لا يدرك

بالتعدم، وأن من آثم الماحة فاتته الماحة،

وأنه يحسب الأهوال واحتمال المشاق

تكون الفرحة و اللذة ، فلا فرحة لمن لا هم له

ولا لذة لمن لا صبير له ، ولا تحيين لمن لا تعب له »

Organize your info.:

- Translocations:
- Follicular lymphoma: t(14;18) (Bcl2 → IgH).
- Mantle cell lymphoma: t(11;14) (cyclin D1 → IgH).
- Burkitt lymphoma (BL): t(8;14) (MYC → IgH).
- Diffuse large B-cell lymphoma (DLBCL): t(14;18) (Bcl2 → IgH).
- · Acute lymphoblastic leukemia (ALL):
- 1- Childhood B-ALL: t(12;21) (ETV6 & TUNX1 genes).
- 2- Adult B-ALL: t(9;22) (ABL & BCR genes), similar to chronic myeloid leukemia (CML).
- Acute promyelocytic leukemia (AML-M3): t(15;17) (fusion: PML gene & RARA).
- Plasma cell myeloma (multiple myeloma): t(11;14) (IgH-cyclinD1 & cyclinD3).
- Chronic myeloid leukemia: t(9;22) Philadelphia chromosome (fusion: Bcr/Abl genes).
- Shift to left: Chronic myeloid leukemia (CML) & Primary myelofibrosis.
- Tyrosine kinase mutations:

Acute lymphoblastic leukemia (ALL).

Acute myeloid leukemia (AML).

Chronic myeloid leukemia (CML).

Polycythemia vera.

- Gout: Polycythemia vera & primary myelofibrosis.
- Thrombosis+ gout + bleeding: polycythemia vera.
- Splenomegaly + gout + bleeding: Primary Myelofibrosis.
- Thrombocytosis + JAK2 mutation + BM fibrosis + leucoerythroblastic anemia: Primary Myelofibrosis.
- Thrombocytosis + JAK2 mutation only: essential Thrombocythemia.
- Spent phase: Polycythemia vera.
- Accelerated phase: Chronic myeloid leukemia (CML).
- Morphology:

Centrocytes & centroblasts - Follicular lymphoma.

Smudge cells chronic lymphocytic leukemia (CLL).

Starry sky appearance+tangible body macrophages+lipid vacuoles Burkitt lymphoma (BL).

Auer rods Acute myeloid leukemia (AML).

Ring sideroblasts Myelodysplatic syndrome (MDS).

rouleaux formation+Abnormal figures - Plasma cell myeloma (multiple myeloma).

Tear-drop cells, nucleated RBCs, shift to left | leucoerythroblastic anemia (Primary myelofibrosis).

Tennis ricket shape Birbeck granules in Langerhans cell histiocytosis (LCH).

- myelophthisic anemia + pancytopenia: Multisystemic LCH.
- Hand-Schuller-Christian triad: (1) osteolytic lesion (2) diabetes insipidus (3) exophthalmos
- in <u>multifocal uni</u>system LCH.