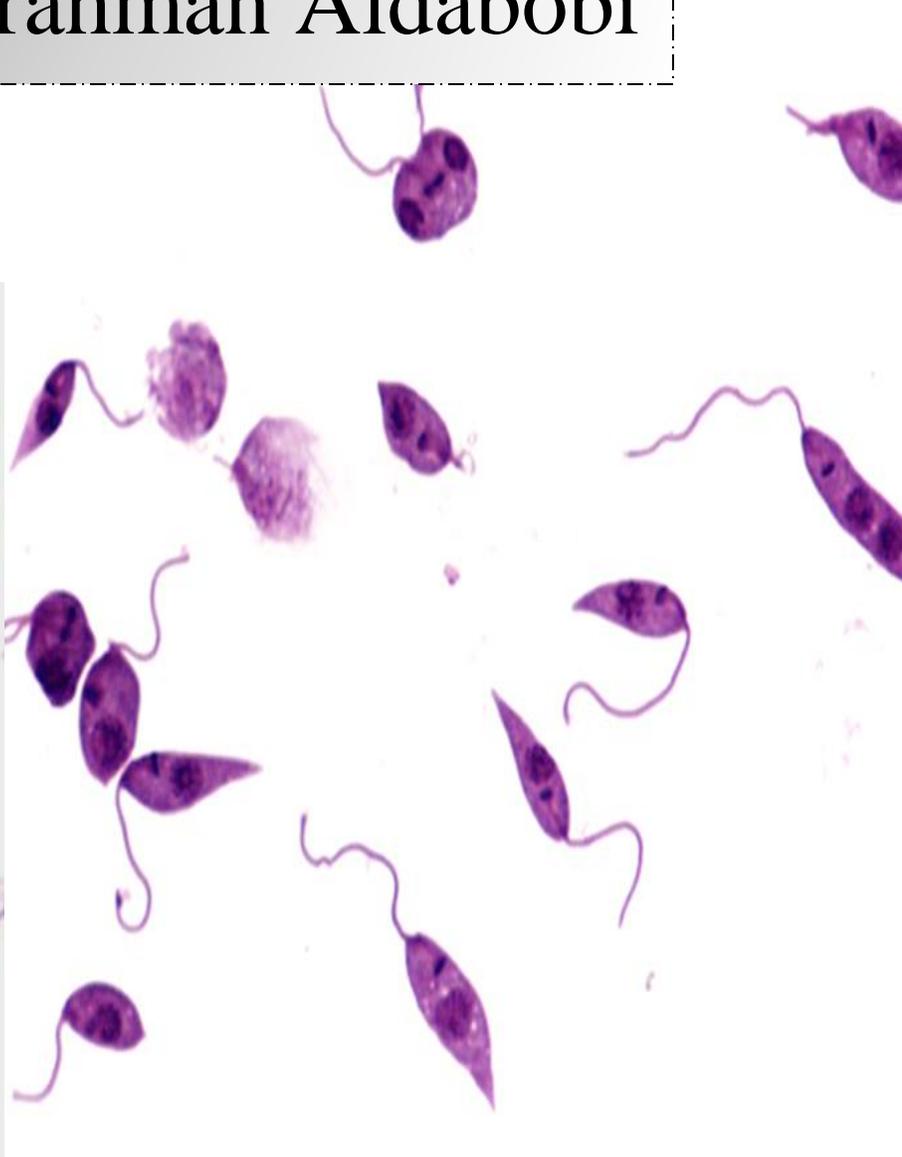
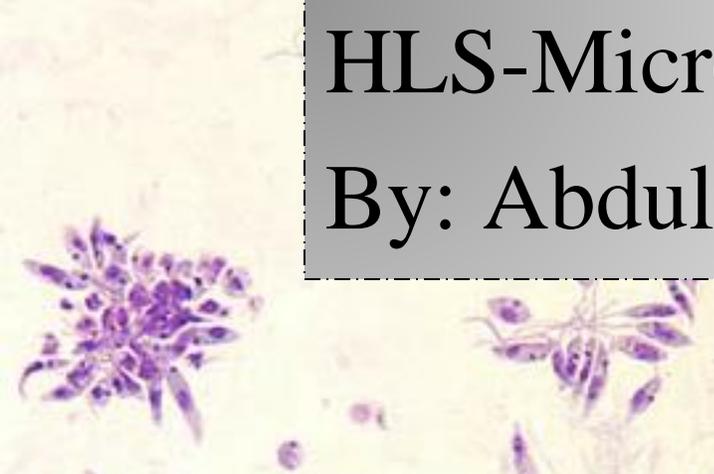




HLS-Microbiology 2+3
By: Abdulrahman Aldabobi



Plasmodium

1-Sporozoa → Non-Motile in adult stage and alternates between sexual and asexual reproductive phases + **Intracellular** (All of them)

2-Inside the human body → Plasmodium only have ASEXUAL (aka. Schizogony) life cycle

3-Two Hosts with two cell cycles (Dipteran Insect + Vertebrate Host)

4-Steps Of infection (Number one Killer in parasitic infections)

- a) **Female Anopheline Mosquito** takes a blood meal from the human
- b) **Sporozoites** spread from the salivary glands of the mosquito to the blood
- c) **Sporozoites** reach the liver → Replicate asexually (Schizogony) in the hepatocytes
- d) This asexual reproduction results in **Exoerythrocytic Merozoites** → This is called the extra-erythrocytic (Intrahepatic) life cycle
- e) **Exoerythrocytic Merozoites** reach circulation and invade RBCs
- f) Inside the RBC, Merozoites are also called **Young Trophozoites** → Uninuclear
- g) **Young Trophozoites** starts to divide its nucleus → **Developing Schizont**
- h) **Mature Schizont** contains Merozoites that will be spilled in the bloodstream (The number of **Merozoites** within the **Mature Schizont** is used to differentiate between plasmodium types)

5-Extra-Erythrocytic cycle is one of the most important ways to differentiate between malaria and Babesia

Plasmodium Vivax

1-The most common cause of malaria

2-Cause Benign **Tertian** Malaria → Fever every **three** days → Fever in the first day, then two normal days, then fever and so on

3-Infect Young RBCs → Reticulocytes

4-Low number of Reticulocytes in the blood → Lower load of vivax in the blood → Benign

6-**Hypnozytes** → Dormant form in the liver that can relapse after 1-5 Years (Only in Vivax and Ovale → Different treatment regimen)

7- **Mature Schizont** contain (12-24) merozoites, used to differentiate between it and Ovale (more than 8 → Vivax, Less than 8 → Ovale)

8-Contains **Schuffner's Dots** → Granulations (stipplings) within the infected RBC

9-May have symptoms of photophobia, anorexia, muscle aches, nausea, and vomiting

10-Cause Typical Rigors → Fever with the feeling of cold and shivering

11-In case of prior exposure to malaria → Parasite may be present in the blood few days before symptoms

12-Plasmodium Ovale is the same of Vivax, but less common, less relapsing, less severe, no typical rigors and with <8 merozoites within the mature schizont (same treatment and same Schuffner's dots)

Plasmodium Malariae

1-Cause the classical malaria (now it is endemic in some regions)

2-Quartan Malaria → Cycle repeats in 72 hours → Fever, normal three days then fever

2-Infect Old RBCs, No **Schuffner's Dots**

3-Most common complication → **Membrane Proliferative Glomerulonephritis** (Immune complex deposition within the glomeruli → **Proteinuria**)

Plasmodium Falciparum

1-Most serious one → Affects all ages of RBCs

2-Causes Malignant Tertian Malaria → Very serious fever (>41) (Malignant)

3-Infected RBCs will develop some membranous projections → More adherent to the endothelium → Stuck and prevent blood flow → Ischemia

4-These are the basis of Cerebral Malaria (most serious complication)

5-Black water fever → The hemolysis of RBCs increases the hemoglobin concentration in the urine and body fluids → Discoloration

6-Patients later-on will suffer from Hypovolemia and shock (Dr. did not explain)

7-Maurer's dots (instead of Schuffner's Dots) → Larger, single, and more bluish

8-Banana-Shaped (Crescent-shaped) Gametocytes + Double dotted chromatin rings

Plasmodium Simian

1-Simian Malaria / Human Fifth Malaria - affects all ages of RBCs

2-Affect East Asia more commonly (Near Monkeys)

3-24 Hour Cycle (Day with fever and day without fever)

4-Early Blood stages resemble Falciparum, Mature stages resemble Malariae, misdiagnosed with Malariae and can be fatal

5-No **Schuffner's Dots**

Clinical Features (For All)

1-Incubation period from one week to five weeks

2-All start with non-specific symptoms (Fatigue, malaise, arthralgia, ...)

3-All start with irregular fever then stick to pattern as were illustrated

4-All can cause anemia (more common with falciparum due to parasitemia)

Diagnosis

Definitive diagnosis is to see the plasmodium in the Blood

- a) Thick blood film → To see if there is plasmodium in the blood
- b) Thin Blood film → To identify the species of the plasmodium
- c) Most common used stain is Giemsa stains (Wright's Stain and Fluorescent nucleic acid stains, such as acridine orange can also be used)

- d) Serological methods → Look for antigens in the plasmodium such as Histidine-rich protein 2 (HRP2) and specific parasite lactate dehydrogenase (pLDH)
- e) PCR can also be used

Treatment

1-Ovle + Vivax → Quinolones + Primaquine (The last to kill hypnozoites and prevent relapsing- Quinolones alone are NOT ENOUGH)

2-Falciparum → Artemisinin Based combination

3-Malariae → Quinolones

*Prevention is the most important + No vaccine

Babesiosis

Very similar to malaria, so the most important thing is to distinguish between both and here are some differences:

1-Can be extracellular + Tetrads of merozoites are distinguishing features

2-The most common causative agent is *B. Microti* → Transmitted by *Ixodes scapularis* (the same transmitter agent of Lyme Disease)

***B.duncani* by *Ixodes Pacificus*, *B.divergens* (most common in Europe) by *Ixodes dentatus*.

3-NO INTRAHEPATIC PHASE

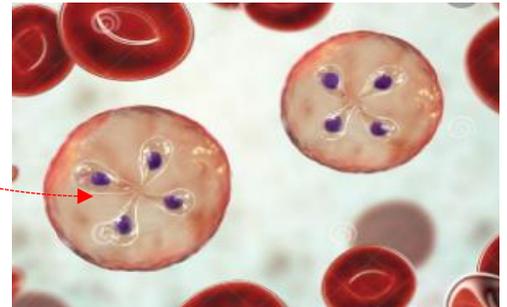
4-Fever with no cyclic patterns

5-Severes Disease is seen with >50-year-old, neonatal prematurity, Male gender, immunocompromised, malignancy and hemoglobinopathy

6-Pathogenesis is all around RBC Lysis → Anemia + Increased Hb + RBC debris accumulation in the kidney → Renal Failure

7-Treat with Atovaquone + Azithromycin (If severe → Clindamycin + Quinolones)

8-Prevent by avoidance of tick



Trypanosoma

- 1-Flagellated + Asexual Production (Along with leishmania)
- 2-Developmental Stages (Amastigote → Promastigote → Epimastigote → Trypomastigote), first two in vector and last two in human

African Trypanosomiasis

- 1-Sleeping Sickness
- 2-Causative agents → Trypanosoma brucei (Gambiense-West/Rhodiense-East)
- 3-Vector → Tsetse (Glossina) fly → East → Glossina morsitans, West → Glossina palpalis
- 4-No intracellular amastigote
- 5-Have a dense coat of variant surface glycoprotein → Ability to change the antigenic surface coat
- 6-East → Acute and fast (less affect)
- 7-West → Chronic and slower
- 8-Infective Stage → Metacyclic Trypomastigotes
- 9-Diagnostic Stage → Extracellular Trypomastigotes
- 10-Start a painless nodule at the site of the infection called **Trypanosomal Chancere**
- 11-Stage 1 → parasitemia with no CNS symptoms → Fever, night sweats, enlargement of the lymph nodes and spleen + **Winterbottom's Sign** (enlargement of the posterior cervical lymph nodes)
- 12-Stage 2 → CNS Symptoms → The parasite exits the blood and enters the CSF → Coma+ Uncontrollable urge to sleep
- 13-Diagnosis is by usual laboratory
- 14-The outcomes of the treatment are best before the CNS symptoms + No vaccine



15-Tx

- a) Without CNS symptoms (Stage 1) → Suramin / Pentamidine isethionate
- b) With CNS symptoms (Stage 2) → Melarsoprol

American Trypanosomiasis

1-Chagas Disease

2-Causative Agent → Trypanosoma Cruzi

3-Vector → Triatoma infestans (Reduviid bugs) ‘Kissing bugs’

4-Have intracellular amastigote and prefer cardiac muscle

5-They leave their feces in the face of the patient → Patient rub his eyes → Unilateral swelling of the eyelids → **Romana’s Sign**, it can also be introduced to the body by an open wound.



6-Trypamastigote in the blood and Amastigote in the tissue

7-Infective Stage: Trypomastigote (By feces or by wound)

8-Diagnostic Stage: Intercellular amastigote (Needs biopsy)

9- Red indurated swelling at the site of the bite → **Nodule Chagoma**



10-Acute phase is characterized by fever, lymph nodes enlargement, Hepatosplenomegaly + Romana’s Sign

12-Chronic phase → The amastigote is found intracellularly and prefers the cardiac myocytes → Cardiomyopathies and heart failure, may also cause Megacolon and Megaesophagus

14-Tx → Nifurtimox, Benznidazole

Leishmania

1-Falagellated + Obligate intracellular

2-Vector → Females Sandfly

3-Infects phagocytic cells and macrophages

4-Infective Stage → Promastigote

5-Diagnostic Stage → Intercellular Amastigote

6-Transmitted by the bite of the sand fly, Transfusion blood, Mother to baby, Direct contact

Cutaneous Leishmaniasis

1-Caused by *Leishmania Tropica*, *Major*, *Infantum*

2-*Leishmanis Major* is the most common in Jordan

3-Only skin ulceration (Usually painless)

4-Heals spontaneously, may take months and may leave a scar



Mucocutaneous Leishmaniasis

1-Caused by *Leishmania Braziliensis* (*Mexicana* in central and south America)

2-Also called nasopharyngeal leishmania

3-Primary lesion (same in Cutaneous) → Disseminates to the nasal/oral mucosa either from the active lesion or years after it has healed

4- Does not regress spontaneously (may cause nasal septum perforation if not treated)

5-Sample for diagnosis are taken from erosions



Visceral Leishmaniasis

1-Caused by Leishmania Donovanii

2-Also called Kala Azar – Black Fever (Indian name since it is endemic in India)

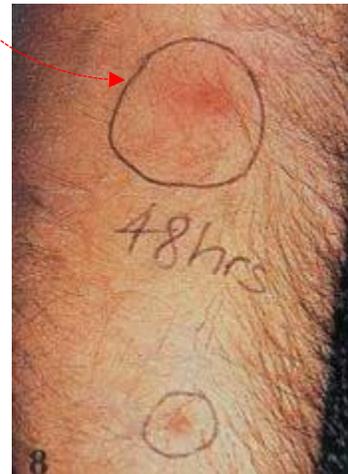
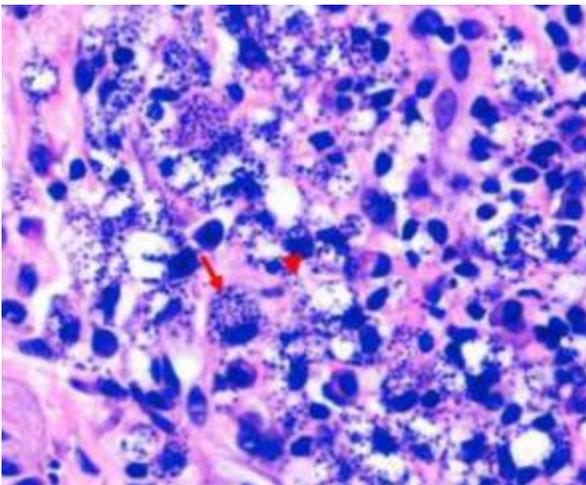
3-Targets Macrophages and APCs → Reach the lymph nodes → Lymphadenopathy → and reach internal organs (Spleen, Liver, Bone marrow)

4-Causes Skin pigmentation, fever (Black-Fever), Abdominal Distension and Diarrhea

5-Diagnose by visualizing the parasite → Bone marrow aspiration from the sternum (look for the amastigote), may take blood sample or biopsy from different organs

6-Intradermal Montenegro test → Similar to PPD test → Depend on delayed type hypersensitivity (Type IV)

7-Tx → Antimony, Sodium stibogluconate



It is ALL about Time.