

Behavioral midterm past papers (collected questions throughout the years)

*Please note that lecture 1 (Holistic Approach to health & wellness) wasn't included in the course in the past years, so you won't find past papers on it ☹️

Lecture 2 (Individual Differences (Intelligence)):

1) Which of the following is wrong about intelligence:

- a- first assessment of intelligence was done by Binet in 1904
- b- IQ is stable over time
- c- there are no IQ differences btw races
- d- education increase intelligence by 30 points in WISC
- e- there is no correlation btw parents IQ and their children.

Answer: E

2) Which of the following is not a well-known form of intelligence:

- a- mathematical
- b- recreational

c- musical

d- kinaesthetic

Answer: b

3) Which of the following is not related to individual intelligence:

a- uncle's IQ

b- quality of stimulation

c- emotional climate

d- birth order

Answer: d

4) Which of the following is wrong about IQ:

a- average correlation btw parents IQ and their children is 80

b- average correlation btw adopted children is 25

c- average correlation btw MZ twins is 90

d- average correlation btw DZ twins is 55

Answer: a

5) Which of the following is true about Wechsler intelligence scale:

- a- assess the intelligence of children
- b- contains 9 verbal scales
- c- contains 3 performance scales
- d- high validity and low reliability of the test
- e- most people score btw 90 and 110

Answer: e

6) Wrong about intelligence:

Answer: can be increased by 30 points with good education.

7) True about intelligence:

Answer: more differences are intraracial than interracial.

8) Which of the following is irrelevant to the individual IQ:

- a- Uncle's IQ
- b- Emotional climate
- c- Quality of stimulation
- d- Socioeconomic class
- e- Marital status.

Answer: e

9) Wrong about IQ:

Answer: parent IQ is not related to their offspring's

10) The following are the most agreed upon aspects of intelligence except:

- a- Verbal skills
- b- Problem solving
- c- Adaptation
- d- Ability to learn
- e- Getting rich

Answer: e

11) The following are Aspects of public personality EXCEPT:

- a- The way an individual presents self
- b- Mannerisms' of the individual
- c- The way an individual reacts to stress
- d- General disposition of the individual
- e- The individual fantasies about self-

Answer: e

12) All the following are false about intelligence except:

- a- intelligence is the product of stimulation in early childhood
- b- IQ was calculated according to mental age over chronological age
- c- intelligence continues growing until age of 25
- d- successful people are not necessarily highly intelligent
- e- people of are usually low in intelligence

Answer: b

13) All the following are true about intelligence except:

- a- Spearman developed the concept of general (g) factor
- b- most people have average IQ
- c- 68% of people lies within one standard deviation of IQ curve
- d- genes are the only determinant of IQ
- e- no difference in IQ among human race

Answer: d

Lecture 3 (Individual Differences (Personality)):

1) Which of the following is true about personality:

- a- Freud said it is composed of ego and superego
- b- objective tests are used to assess conscious part of personality
- c- personality traits are inherited
- d- roger studied self-actualization
- e- MMPI is a subjective test

Answer: b

2) All the following are part of big five traits of personality except:

- a- emotional stability
- b- extroversion
- c- openness
- d- agreeableness
- e- reaction formation

Answer: e

3) True statement:

Answer: projective tests assess unconsciousness

4) Not a defense mechanism:

Answer: re-realization

5) The most important factor when assessing personality is:

a- family life

b- relationships

c- professional affiliations

d- employment record

Answer: d

6) The following are true about psychological defense mechanisms EXCEPT:

a- They are unconscious behaviors

b- They are protective to personality

c- They occur in stressful situation

d- They do not distort reality

e- may lead to anxiety in excessive use

Answer: d

7) The following are known as the big five personality traits except one:

a- Emotional stability

b- Vulnerability

c- Extraversion

d- Openness

e- Agreeableness

Answer: b

8) The following are psychological defense mechanisms except

a- Repression

b- Egression

c- Derealization

d- Reaction formation

e- Rationalization

Answer: c

9) Which of the following statements is true about personality:

- a- Body built is highly correlated with personality type
- b- Projective personality tests tap the unconscious *
- c- Thematic apperception test is an objective test
- d- MMPI is a projective personality test
- e- People with external locus of control don't believe in luck

Answer: b

10) All the following are true about defense mechanisms except:

- a- reaction formation is a defense mechanism
- b- they usually occur when anxiety is intolerable
- c- rationalization is a rare defense mechanism
- d- denial occurs a lot in cancer patients
- e- projection can be a defense mechanism

Answer: c

Lecture 5 (Placebo effect in Clinical Practice):

1. Which of the following statements is not true about placebo:

A- It is Latin for (I shall please).

B- Any therapeutic procedure which is given without specific activity for the condition being treated with.

C- Placebo and placebo effect are the same.

D- Placebo have side-effects.

E- Placebo effect accounts for about 30% of active treatments.

Answer: C

2. All affect the placebo effect except:

Answer: color and size of the tablet OR patient age

3. True about placebo:

Answer: mostly has 35% effectiveness

4. Wrong about placebo effect:

Answer: related to patient education

5 –All the following statements are true about placebo except:

- A – Research indicates that placebo effect is about 30%.
- B – Placebo effect is not entirely psychological.
- C – placebo is commonly used by doctors in every day work.
- D – Expectation is important factor in the placebo effect.
- E – In tooth pain Morphine and placebo have the same efficacy.

Answer: E

6-Which of the following factors play a role in the placebo effect:

- A – The mode of symptoms initiation.
- B – The type of underlying pathology of symptoms.
- C - The age of the patient in the time of consultation.
- D – Neuro-chemical brain substances.
- E – Which body organ is involved

Answer: D

7. The following factors play the main role in the placebo effect except one:

- A- The severity of the symptoms.
- B- Expectation of the patient.
- C- The birth order of the patient.

D- Physicians faith in the treatments they prescribe.

E- The size and color of medications.

Answer: c

General past papers (collected by 018 batch):

1-All of the following factors play important roles in behaviors, except:

- a. Individual's values
- b. Genetic makeup
- c. Individual's skin color

Answer: c

2-Which of the following statements is true about intelligence:

- a. Environment has no effect on intelligence.
- b. Intelligence changes overtime while growing up.
- c. The first to assess intelligence through test is Durkheim in 1890.
- d. People score between 90 – 110 in Wechsler intelligence scale.

e. The average correlation between parents IQ and their children is 90.

Answer: d

3-The big five personality dimensions include the following, except:

- a. Extraversion
- b. Agreeableness
- c. Recklessness
- d. Emotional stability
- e. Openness

Answer: c

4-Which of the following statements regarding personality is correct:

- a. Objective personality tests assess conscious personality aspects.
- b. Roger considered that it is composed of two parts the ego and superego.
- c. Trait theory emphasizes the role of neuro-development.
- d. Freud studied personality through self-actualization.
- e. Personality of humans changes over time.

Answer: A

5-The following are recognized types of intelligence, except:

- a. Musical
- b. Linguistic
- c. Intrapersonal
- d. Historical
- e. Mathematical

Answer: d

6-Which of the following schools of psychology studied personality through the unconscious:

- a. Trait school
- b. Biological school
- c. Humanistic school
- d. Psychodynamic school
- e. Social cognitive school

Answer: d

7-Which of the following is at the top of Maslow pyramid?

- a. Self-actualization
- b. Physiological needs
- c. Esteem
- d. Love needs
- e. Safety

Answer: a

8-Which of the followings is true about intelligence:

- a. Good education increases intelligence significantly.
- b. Intelligence is not inherited.
- c. The difference in intelligence is inter-racial.
- d. Intelligence changes significantly over time.
- e. Intelligence difference between sexes is significant.

Answer: a

9-Which of the following statements is true about Wechsler intelligence scale:

- a. Has moderate validity.
- b. Has 6 verbal and 5 performance scales.

- c. It is no more used to assess intelligence.
- d. It is a group test.
- e. Minority of people score between 70 & 110

Answer: b

10-Sick role involves the following, except:

- a. Exemption from usual social and other responsibilities
- b. Other people are obliged to be kind to him
- c. A person in the sick role is not obliged to seek medical help
- d. Other people are obliged to take over duties of person in the sick role
- e. A person in the sick role is not expected to get well without being cared of

Answer: c

11-Which of the following is part of illness behavior:

- a. Depression
- b. Consulting a doctor
- c. Headache
- d. Fever
- e. Loss of appetite

Answer: b

12-Which of the following factors is irrelevant to the individual's IQ:

- a. Genetics
- b. Birth order
- c. Socioeconomic class
- d. Quality of stimulation
- e. Emotional climate

Answer: b

13-The following are known as the big five personality traits except:

- a. Emotional stability.
- b. Extraversion.
- c. Reaction formation.
- d. Openness.
- e. Agreeableness.

Answer: C

14-Regarding patient-doctor relationship which of the following is true:

- a. Doctors at large are interested in patient's emotional clues.
- b. Doctors overestimate the amount of information they give to patients.
- c. Patient doctor relationship does not affect response to drugs.
- d. Patients are only interested in the doctor technical skill.
- e. Patients do not mind to be referred to as a cases

Answer: b

15-All the following improve patient compliance to treatment except:

- a. Mutual trust between patient and doctor.
- b. The belief of the doctor in his/her treatment.
- c. Anxiety in the patient during the consultation.
- d. Giving the least possible number of medications.
- e. Choosing medications with long half-life.

Answer: C

16-The following are the most agreed upon aspects of intelligence, except:

- a. Verbal skills
- b. Problem solving
- c. Adaptation
- d. Ability to learn
- e. Getting rich

Answer: e

17-Which of the following is irrelevant to the individual IQ:

- a. Uncle's IQ.
- b. Emotional climate.
- c. Quality of stimulation.
- d. Socioeconomic class.
- e. Marital status

Answer: e

18-Which of the following statements is true about personality:

- a. Body built is highly correlated with personality type
- b. Projective personality tests tap the unconscious

- c. Thematic apperception test is an objective test
- d. MMPI is a projective personality test
- e. People with external locus of control don't believe in luck

Answer: b

19-All the following are false about intelligence except:

- a. Intelligence is the product of stimulation in early childhood only
- b. IQ was calculated according to mental age over chronological age
- c. Intelligence continues growing until age of 25
- d. Successful people are not necessarily highly intelligent
- e. People of are usually low in intelligence

Answer: b

20-True about sick role and illness behavior:

Answer: Some can be generated from fear of sickness

21-Nature vs. nurture can be expressed as:

Answer: Genetics vs. learning

22-Wrong about IQ:

Answer: Parent IQ is not related to their offspring's

018 midterm + final exams:

1- All of the following statement regarding the sick role are correct, except:

- a. A person in the sick role is not obliged to seek medical help
- b. Other people are obliged to take over their duties
- c. Other people are obliged to be kind to him
- d. Exemption from usual social and occupational responsibilities
- e. A person in the sick role is not expected to get well without being cared of

Answer: a

2-Which of the following statements is true about intelligence:

- a. The first to assess intelligence through test is Durkheim in 1890
- b. Intelligence changes overtime while growing up
- c. Environment has no effect on intelligence

- d. Most people score between 90 - 110 in Wechsler intelligence scale
- e. The average correlation between parents IQ and their children is 90

Answer: d

3-Which of the following statements best defines psychology?

- a. The science of behavior and mental processes.
- b. The science of studying social problems.
- c. The study of cerebral hemispheres physiology.
- d. The science of nervous system anatomy.
- e. The study of human society and culture.

Answer: a

4-The big five personality dimensions include the following, except:

- a. Agreeableness
- b. Recklessness
- c. Emotional stability
- d. Extraversion
- e. Openness

Answer: b

5-Which of the following statements regarding placebo is correct:

- a. Placebo effect has no role in surgery.
- b. Placebo effect and placebo are the same.
- c. The average placebo effect in medical practice is 35%.
- d. Placebo treatment has no unfavorable effects.
- e. Placebo is effective only on low IQ patients

Answer: c

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