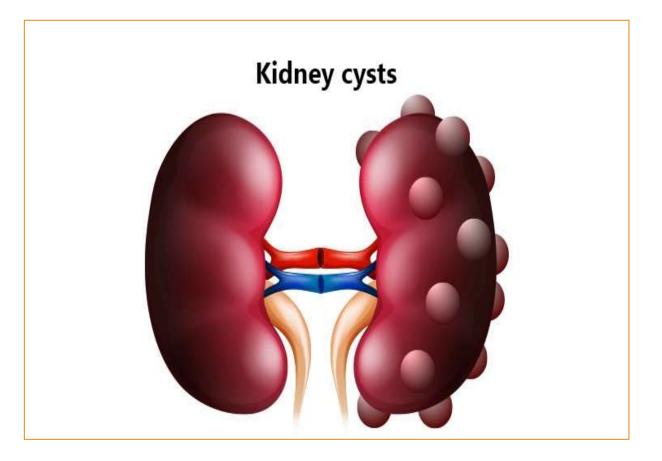


CYSTIC DISEASES of THE KIDNEY

Dr. Nisreen Abu Shahin





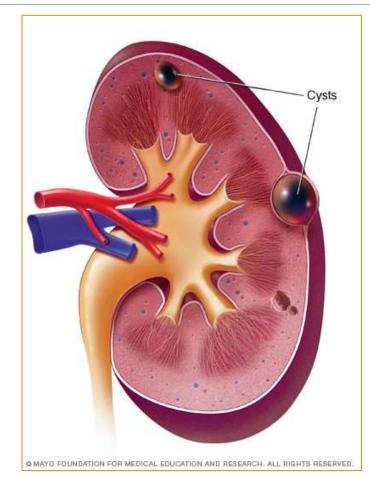
Types of cysts

- 1-Simple Cysts
- 2-Dialysis-associated acquired cysts
- 3-Autosomal Dominant (Adult) Polycystic Kidney Disease
- 4-Autosomal Recessive (Childhood) Polycystic Kidney Disease
- **5-Medullary Cystic Disease**



1- Simple Renal Cysts

- •Multiple or single
- ■1-5 cm in diameter
- filled with clear fluid.
- confined to the cortex.
- no clinical significance.
- Usually discovered incidentally or because of hemorrhage and pain
- Importance: to differentiate from kidney tumors

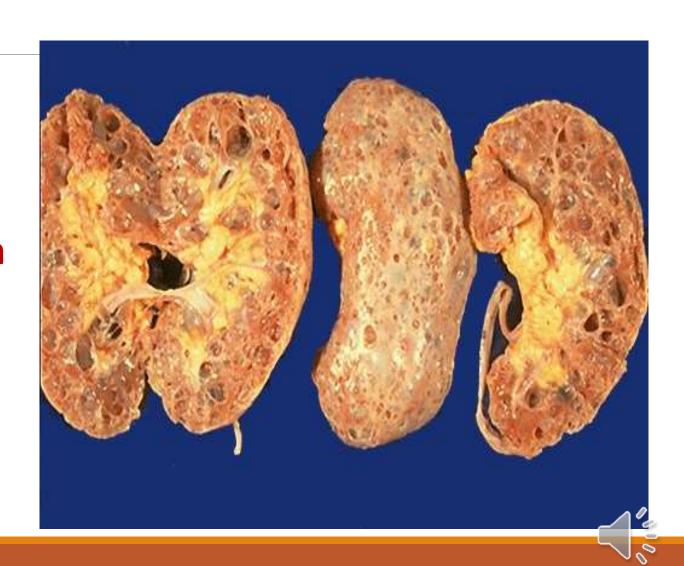






2- Cysts Associated With Chronic Dialysis

- •patients with renal failure who have prolonged dialysis.
- both cortex and medulla
- Complications: hematuria; pain
- •Increased risk of renal carcinomas (100 times greater than in the general population)



3- Autosomal Dominant (Adult) Polycystic Kidney Disease

☐ multiple bilateral cysts **Deventually destroy the renal** parenchyma. **☐** Incidence (1: 500-2000) persons \square 10% of chronic renal failure. □inheritance of one of 2 autosomal dominant genes: **□**(1)- *PKD1:* 85-90% (encodes polycystin-1) **□(2)-** *PKD2* :10-15% (encodes

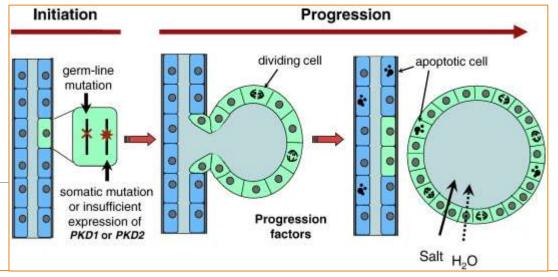
polycystin-2).





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(Adult) Polycystic Kidney Disease



Clinical presentation:

- asymptomatic until the 4th decade
- Symptoms: flank pain, heavy dragging sensation, abdominal mass, hemorrhage, obstruction, Intermittent gross hematuria

Complications

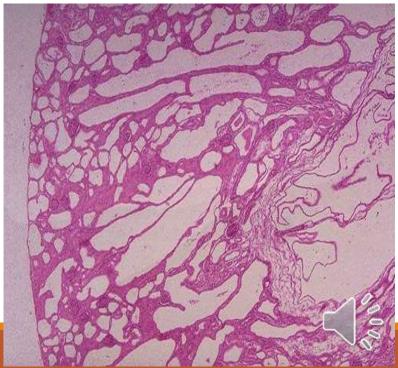
- 1- hypertension (75%)
- 2- urinary infection
- 3- vascular aneurysms of circle of Willis (10% -30%) -> (subarachnoid hemorrhage).
- 4- renal failure at age 50



4-Autosomal Recessive (Childhood) Polycystic Kidney Disease

- autosomal recessive
- **♦**1:20,000 live births.
- Types: perinatal, neonatal, infantile, and juvenile.
- Presents early in life
- Associated with liver cysts
- Mutations in <u>PKHD1</u> gene coding for <u>fibrocystin</u>.
- Fibrocystin may be involved in the function of cilia in tubular epithelial cells.

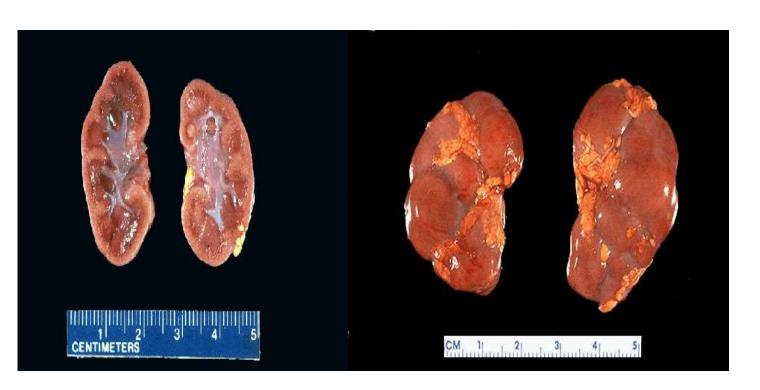




Normal vs childhood polycystic kidneys

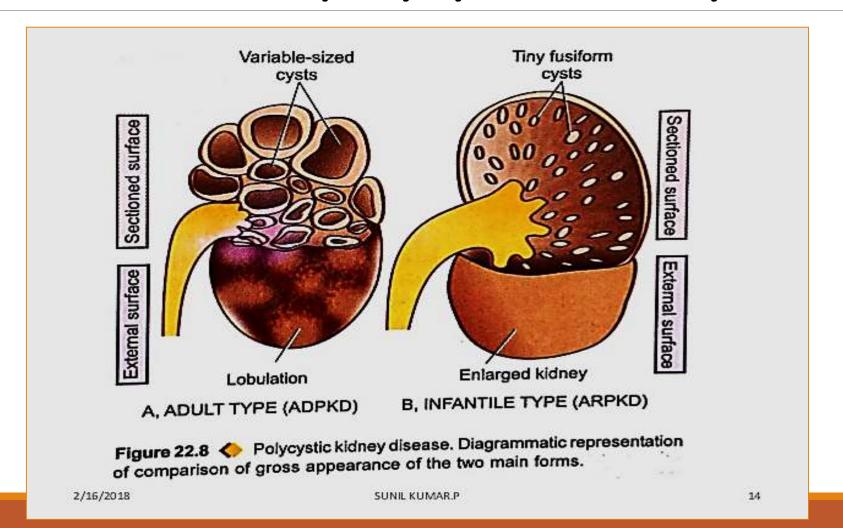
NORMAL TERM INFANT KIDNEYS

CHILDHOOD) POLYCYSTIC KIDNEYS





Adult vs childhood polycystic kidney disease





5- Medullary Cystic Disease

- **▶2** major types:
- 1-medullary sponge kidney
- common and innocent condition.
- 2-nephronophthisis-medullary cystic disease complex
- >- almost always associated with renal dysfunction.
- >- usually begins in childhood.
- Cysts are at cortico-medullary junction





Nephronophthisis-medullary cystic disease complex (medullary- uremic type)

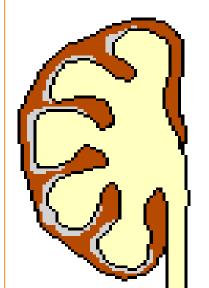
- Clinical features:
- o polyuria and polydipsia (↓tubular function).
- renal failure over 5-10-year
- A positive family history and unexplained chronic renal failure in young patients should lead to suspicion of medullary cystic disease.



Kidney Cysts







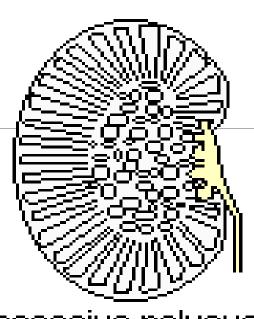
Hydronephrosis is not cysts



Simple cysts



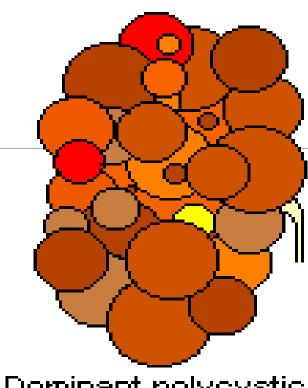
"Dysplasia"



Recessive polycystic



Medullary sponge



Dominant polycystic



Medullary uremic



Dialysis cystic

