### Antibiotic resistance

Faris Bakri 1-9-2008



















### Questions, Questions, Questions

- What do we mean by resistance?
- How do we measure resistance?
- Where did resistance come from?
- What is "resistance selection"?
- How big is the problem?
- What is a surveillance system?
- What are the commonest resistant bacteria?
- Why is it a problem?
- Who is driving the problem?
- What to do?

### Resistant bacteria

 Are not inhibited by the usually achievable systemic concentrations of the normal dosage

## **Testing methods**

# Disk diffusion procedure Sensitive, Intermediate, Resistant

Etest

Quantitative (MIC) and qualitative

### Etest









### Intermediate strains

 MIC approaches attainable blood levels and response rate may be lower than susceptible bacteria

## The in vitro dilemma

Does the in vitro growth inhibition by a specific agent correlates with clinical response ???

Clinical laboratory standards Institute National Committee for Clinical Laboratory Standards (NCCLS)

- Publishes the standards of testing
- Very complex documents
- Less complete for rare organisms
  - eg. Bacillus, Corynebacterium, Leuconostoc

### NCCLS Table eg. Streptococcus pneumonia

Antibiotic	Disc Content			
		R	I	S
*Oxacillin	1ug	-	-	≥ 20
Erythromycin	15ug	≤ 15	16-20	≥ 21
Tetracycline	30ug	≤ 18	19-22	≥ 23

### Mechanisms of resistance



## The origins

 Over their millennia of existence, bacteria always confronted organic structures that affected their growth
 To survive ... acquired resistant genes

 These R genes should not have appeared in the clinical setting The biology of resistance Transfer of genes

- Mutation
- Acquired
- > Plasmids
- Chromosomal
- Within the same species
- Between different species





### **Ecology of antibiotics**







Infection with Vancomycin-Resistant Staphylococcus aureus Containing the vanA Resistance Gene

#### 40 y/o lady

- HTN, DM, PVD, CRF, foot infections
- Recurrent foot infections: MSSA, MRSA
  - Vancomycin, gentamicin, levofloxacin, clindamycin,...
- April 2002: MRSA sepsis & graft infection
- June 2002 VRSA + VRE exit site infection of CV catheter

NEJM April, 2003

#### Planter ulcer swab: VRSA + VRE

Contacts screen: negative

VRSA...

- VRSA + VRE share the same vanA gene
- VRSA isolate was identical to:
  - MRSA from patient's nasal nares
  - MRSA from patient's close friend

#### NEJM April, 2003

ate of Birth: 02/07/1986 CLINICA 11111 507 JORDAN UNIVERSITY HOSPI Sex:F Samp/XR Date: Da .... Nature of S \_\_\_\_\_. Date - Requested : 1 Ins.: 10 Room: 55/ Physician : ..... Examin - required : Date Received : Charges Consultant : .... Hr'Received :.... 449207939528 Required SOURCE / SITE DIA **NTIBIOTIC ADMINISTERED** Information SUSCEPTIBILY Code No. ☐ MICROSCOPIC EXAMINATION AMICACIN 106001 AFB Flourescent Zeihl - Neelsen Stain For AFB 106002 AMPICILLIN Albert Stain CARBENICILLIN 106003 Crybtosporidium 106004 CEFOPERALONE Smear / Gram Stain 106005 CEFOTAXIME Ear Culture CEFOXITINE 106006 106007 Methylene Blue Stain CEFTRIAXONE CEFUROXIME 106008 Wound Culture CULTURE RESULT D NO Bacterial Growth Cerebrospinal Fluid Culture CEPHALOTHIN 106009 Culture& Sensitivity CHLORAMPHENICOL NO ENTEROPATHOGEN ISOLATED 106011 Pus Culture CLINDAMYCIN 10:012 Special Culture CLOXACILLIN 106012 PATHOGENS : ... 106013 Nasal Culture CO. TRIMOXALOLE 106013 106014 Stool Culture ERYTHROMYCINE 106014 JORAN ST 106015 Throat Culture GENTAMYCIN 106016 106016 Sputum Culture METHICILLIN 118017 Aspirate Or Discharge C 106017 NALIDIXIC ACID Blood For Culture & Sensitivity NETILMYCIN TUKHT8 -73 Mycobacteria Culture NITROFURANTION 106019 14 PENICILLIN 106020 Anaerobic Culture Hands. Fungal Smear, Koh Preparation PIPERACILLIN 106021 106022 Blood Culture For Brucella **SULPHONAMIDE** 106023 Campylobacter / Helisobacter Culture TOBRAMYCIN Diphtheria Culture -VANCOMYCIN 106024 106025 Fungal Culture TIMADPMPY 106026 Brucella Clture 106027 Cholera Culture Urine Culture 106028 Date Reported Reported By

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106002	Zeihl - Neelsen Stain For AFB	AMPICILLIN	R			
106002	Albert Stain	CARBENICILLIN	R		1	
106001	Cryptosporidium	CEFOPERALONE	1			
106005	Smear / Gram Stain	CEFOTAXIME	K		-	
106006	Far Culture	CEFOXITINE	K	-	-	
106007	Methylene Blue Stain	CEFTRIAXONE	K	1.000	-	
106008	Wound Culture	CEFUROXIME	16			CULTURE RESULT IN NO Bacter
106009	Cerebrospinal Fluid Culture	CEPHALOTHIN	-	-	1	NO ENTEROPATHOGEN ISOLATE
106010	Culture& Sensitivity	CHLORAMPHENICOL	1		1	
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106012	Special Culture	CLOXACILLIN	10	-		PATHOGENS:
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106014	Stool Culture	ERYTHROMYCINE	10	-		
106015	Throat Culture	GENTAMYCIN	15	-	-	
106016	Sputum Culture	METHICILLIN	10	-	1	Drinbraharter
106017	Aspirate Or Discharge C	NALIDIXIC ACID	14	-		FICTIOFIC PIC
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- SENTRY (Longitudinal national and international program)
- EARSS (European Antimicrobial Resistance Surveillance System)
- NNIS (National Nosocomial Infection Surveillance)
- SCOPE (Surveillance and Control of Pathogens of Epidemiologic Importance)
- ICARE (Intensive Care Antimicrobial Resistance epidemiology)



## SENTRY 1997-2002

- Blood Stream Infections
- 81,213 isolates
- North America, Europe, Latin America
- Gram +ve in US vs. Gram –ve in Europe
- R more common in nosocomial and ICU than community settings

### SENTRY 1997-2002 USA





**Diagnostic Microb Inf Dis 2004** 

EARSS Program 1999-2002 Invasive *S. pneumoniae* resistance trends

- 26 European countries
- 22 277 isolate
- Blood 93%, CSF 7%
- R highest in Mediterranean



J Antim A Chem Nov. 2004

### EARSS Program 1999-2002 Invasive *S. pneumoniae* resistance trends



### EARSS Program 1999-2002 Invasive *S. pneumoniae* resistance trends



J Antim A Chem Nov. 2004

### NNIS ICU infections and Resistance 300 hospitals in USA



January through December 2003

1998 through 2002 (+/- standard deviation)\*

Am J Inf Control Dec 2004



### **Resistance to Imipenem**

Strain	Patient	Ward	Source	Collection date	Previous therapy with	Outcome of hospitalization <sup>a</sup>
VR-143/97	NG	ICU	Pus	1 February 1997	Imi	Death
VR-146/97	GB	ICU	Bronchial aspirate	25 March 1997	Imi	Discharge
VR-155/97	SL	Surgery	Bile	27 March 1997	Czid	Death
VR-158/97	RS	ICU	Bronchial aspirate	9 July 1997	Ctri	Death
VR-170/97	RS	ICU	Bronchial aspirate	31 July 1997	Ctri	Death
VR-174/97	CE	ICU	Blood	11 September 1997	Imi, Czid	Death
VR-186/98	BC	ICU	Bronchial aspirate	5 February 1998	Amox/Clv	Death
VR-193/98	CF	Hematology	Pharyngeal swab	20 February 1998	Czid	Discharge

#### Clin Inf Dis 2000

## Resistance to *S typhi*



### Common resistant bacteria

- MRSA
- CoNS
- VRE
- E. coli
- P. aeroginosa
- Enterobacter spp
- S. pneumoniae
- Klebsiella spp
- Acinetobacter spp
- N. gonorrhea
- S. typhi



## Costs of resistance

- Double hospital stay
- Double mortality
- Double morbidity
- Higher financial cost
  - \$4 billion annually-US
- Change in the ecology and flora

### Mortality of *S. aureus* with time



#### Outcome...

e.g. Pseudomonas aerugenosa infection

- 489 patients
- Emergence of R in 6.1%



Arch. Int. Med. May, 1999

### Outcome ... eg. Pneumococcal pneumonia



### Antimicrobial use in agriculture

- Restricted in Europe
- Allowed in USA
- Source for resistance
- Infects humans
  - Directly
  - Indirectly (food supply)





## What to do?

- Surveillance systems
- Isolation
- New therapeutic approaches
  - Improve use of antibiotics
  - Develop new antibiotics
  - Better diagnostics
  - Vaccines



	Control			
	<ul> <li>Restricted hospi</li> <li>Antibiotics with</li> <li>The best contro</li> </ul>	tal formularies resistance problems I measure		
	Restricted	Not restricted		
eg:	Imipenem	Piperacillin		
	Gentamicin	Amikacin		
	Ciprofloxacin	Quinolones (except Ciprofloxacin)		
	Ceftazidime	3 <sup>rd</sup> ceph (except ceftazidime)		
	Ampicillin	Cefepime		

Med Clin N. Amer. Nov. 2000

#### Table 2. Antibacterial Pipeline (Anti–Gram Positive and Anti– Gram Negative), Big Pharma

Company	Since 1998	Phase 2/3
Abbott Laboratories	0	0
AstraZeneca	0	2
Bayer	0	0
GlaxoSmithKline	0	1
Lilly	0	0
Merck/Schering-Plough	1	1
Novartis	0	0
Ortho McNeil/Johnson & Johnson	1	0
Pfizer/Wyeth	2	0
Roche	0	0
Sanofi	0	0

Boucher, CID 2013





**Figure 1.** New systemic antibacterial agents approved by the US Food and Drug Administration per 5-year period, through 2012. Modified from Spellberg 2004 [23].

Boucher, CID 2013



## Conclusion

The highly disease oriented focus of modern medicine has hindered a clear perception of the enormity nature of resistance, which suffers from an "identity crisis". Resistance is a nameless cloud that looms over otherwise uncontrollable infections, but lacks the powerful status of a readily identifiable disease state to spur large scale efforts of control.

Nature medicine, Dec 2004



## Conclusion

I think it's very, very serious. This decade has seen the emergence of bacteria that are resistant to all but one drug or even bacteria that are resistant to every drug. We've never experienced that in the history of antibiotics, .... What it means, I think, is that we're just seeing a beginning and what worries me is that there are few patients suffering from these almost untreatable infections now, that the future will show us many, many more.