

Demyelinating diseases of the central nervous system

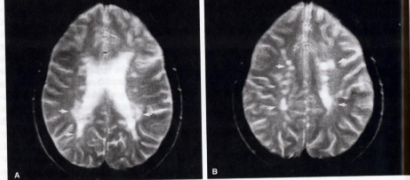
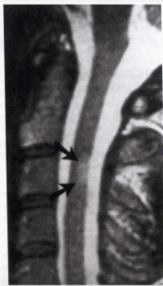
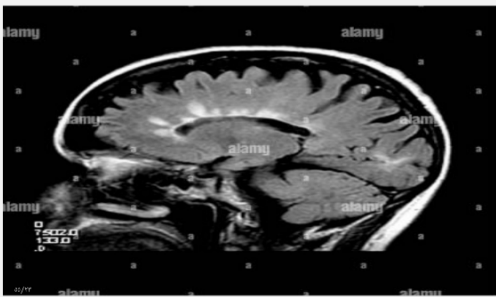


FIGURE 20-2. T2-weighted MRI demonstrating multiple periventricular hyperintensities in both A and B (arrows), consistent with a diagnosis of MS. (MRI, magnetic resonance imaging; MS, multiple sclerosis.) (Reproduced with permission from Daffner RH. Clinical Radiology: The Essentials, 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2007.)



MS

- affect young people, women ,monozygotic twins, and white more
- latent childhood viral infection may play a role in pathogenesis , migration after 15y will not change risk associated with childhood home
- multiple white matter lesions separated in space and time. (Not monophasic disease)
- In later stages, cognitive and behavioural abnormalities may occur
- Optic neuritis**, common initial presentation
- painful loss of visual acuity in one eye (when eye moves), worse with heat (Uhthoff's phenomenon)
- could be mild blurriness, loss of color discrimination ,complete blindness
- optic disk could appear normal (retrobulbar ON) or swollen (papilledema)
- ON leads to : red desaturation, disk atrophy, RAPD
- Transverse myelitis** ,affects particular tracts at the level of the lesion in a patchy way, bladder dysfunction
- Reflexes may be exaggerated below the lesion, and Babinski signs may be present
- pain around torso
- Internuclear ophthalmoplegia**, dysfunction of the medial longitudinal fasciculus, inability to adduct one eye with nystagmus of the other eye ,convergence) is preserved
- Lhermitte' s sign electric sensation down the spine when the patient flexes the neck, and Uhthoff's phenomenon, a worsening of symptoms and signs in the heat
- types of clinical course : relapsing-remitting , primary progressive, secondary progressive,

TABLE 20-1. Common Clinical Features of Multiple Sclerosis

Neurologic System	Clinical Sign or Symptom
Cranial nerves	Optic nerve dysfunction
	Visual acuity loss
	Red desaturation
	Papilledema or optic disc pallor
	RAPD
	Eye movement disorders
	Internuclear ophthalmoplegia
Motor system	Nystagmus
	Weakness
	Spasticity
	Reflex abnormalities
	Increased muscle stretch reflexes
	Babinski signs
Sensory system	Clonus
	Paresthesias
	Vibratory loss
	Joint position sense loss
Cerebellar function	Lhermitte's sign
	Ataxia
	Intention tremor
Autonomic system	Dysarthria
	Bladder dysfunction
Other	Fatigue
	Depression
	Uhthoff's phenomenon

RAPD, relative afferent pupillary defect.

progressive remitting

- good prognosis: young female , relapsing remitting, sensory symptoms
 - On MRI new lesions: appear as T2-hyperintense areas , showed with FLAIR sequence , enhanced with gadolinium
 - chronic lesions may become T1-hypointense, with a “ black hole” appearance
- CSF shows OCB

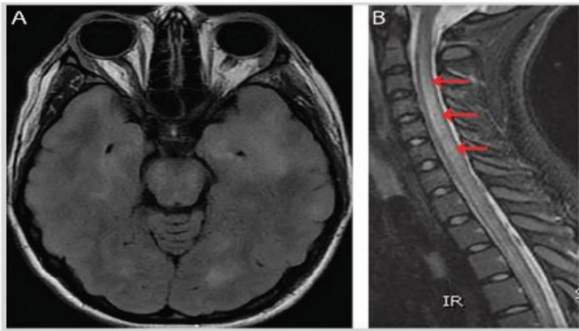


FIGURE 11-12 Imaging of the patient in **Case 11-2** with acute disseminated encephalomyelitis (ADEM). **A**, Axial fluid-attenuated inversion recovery (FLAIR) brain MRI shows poorly demarcated T2 hyperintensities in cortical, subcortical, and brainstem areas. **B**, Sagittal short tau inversion recovery (STIR) spinal cord MRI shows T2 hyperintense signal abnormality throughout the cervical cord (arrows).

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Acute disseminated encephalomyelitis (ADEM)

- all lesions are new and bilateral , acute after viral infection or vaccination
- cognitive and behavioral changes and seizures (which come late in MS)
- CSF show a lymphocytic pleocytosis, rare oligoclonal ab
- monophasic illness, steroids are given

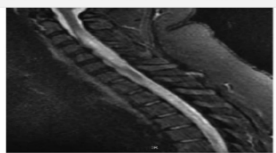
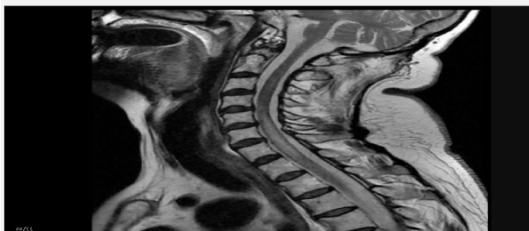
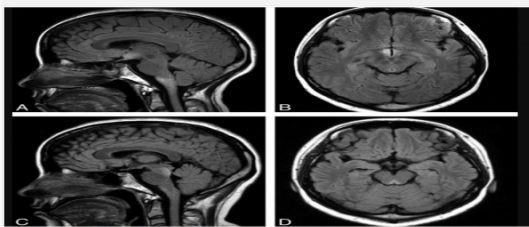
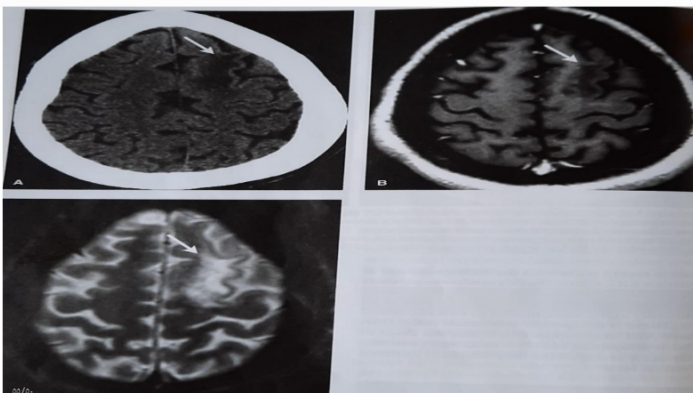


FIGURE 11-11 Extensive spinal cord lesions in a 42-year-old woman with neuromyelitis optica (NMO). **A**, sagittal spinal short tau inversion recovery (STIR) MRI shows a large area of hyperintense cord signal and cord expansion extending from the level of C3 to the level of C6-7 and from the level of T1 to the level of T5.



Neuromyelitis optica (Devic disease)

- 2 manifestations (transverse myelitis and optic neuritis) may be at same time or separated by 2 y
- Demyelination of the brain should be absent
- there is pain with more severe deficit than in MS
- CSF pleocytosis, sometimes with a neutrophilic pleocytosis
- antibodies to the aquaporin-4 channel(NMO Ab) or MOG Ab
- Acute treatment of NMO includes steroids and plasmapheresis
- Chemotherapeutic agents such as azathioprine, mycophenolate mofetil and rituximab are used to prevent recurrence



Progressive multifocal leukoencephalopathy (PML)

- dementia, focal cortical dysfunction, and cerebellar abnormalities
- patients with AIDS, leukemia, lymphoma, and MS patients treated with natalizumab
- JC virus infect oligodendrocytes
- CSF is normal