

Glomerular disease = kidney disease affecting the glomerular filtration membrane which composed from 3 layers

- ① endothelium
- ② basement membrane
- ③ podocyte foots (epithelium)

cause the protein and RBC to leakage cause proteinuria / hematuria / RBC cast / dysmorphic

The basement membrane \rightarrow albumin \rightarrow \leftarrow so keep albumin inside capillaries

(mainly podocyte)

1] Nephrotic Syndrome = impaired the barrier \rightarrow cause massive proteinuria $> 3.5g/day$

* general Diagnostic \rightarrow urinalysis - proteinuria - just for albumin loss but detect Ig loss like multiple myeloma

② renal biopsy \rightarrow Definitive test

③ 24 hr urine collection $> 34g/day$ protein

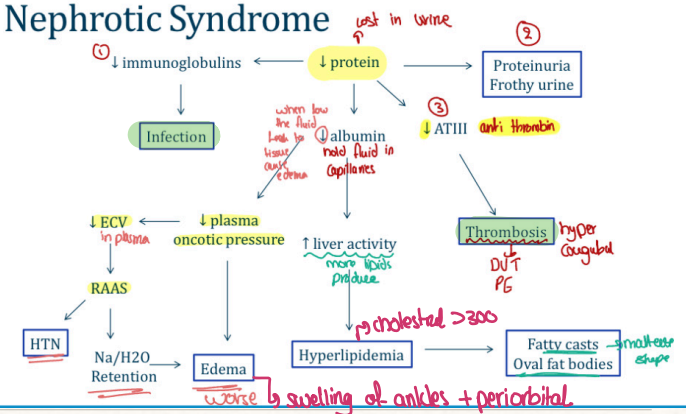
④ Urine protein / Cr $\rightarrow 3.5:1$

* general treatment =

- HTN + proteinuria \rightarrow ACEI / ARBs

- Hyperlipidemia \rightarrow statin - edema \rightarrow sodium restriction

Nephrotic Syndrome



* Major Causes =

1] Minimal Change disease / Lipoid nephrosis

* most common cause of nephrotic in children after URTI \rightarrow caused by effacement of foot process (flattened) of podocyte cause lose \rightarrow basement cause leakage of protein (albumin here Not Ig) * Triggered by Cytokines \uparrow

* Secondary to Hodgkin lymphoma (more cytokines)

* immunological trigger \rightarrow URTI / Allergic reaction (bee sting) / recent immunization

* mostly idiopathic

* Renal biopsy \rightarrow LM normal / Negative IF / effacement of podocyte on EM

* Treatment & good prognosis to steroids

2] Focal Segmental glomerulosclerosis (FSGS)

< 50% affected \leftarrow only part of glomerulus affected \rightarrow scarify of glomerulus by dense deposition of collagen

* cause effacement of podocytes by unknown cause (primary FSGS)

* 2nd to HIV / Sickle cell anemia / Heroin users / massive obesity

and interferon treatment in HCV / HBV + loss of nephrons (single kidney or surgical kidney removal)

* most common cause in black people (African-American)

* Renal biopsy = LM pink material deposit / sclerosis $\} EM =$ effacement

* Treatment = Treat underlying cause - No response to steroid progressive to CKD within 10-20 y

3] Membranous nephropathy / membranous glomerulonephritis = Type V of lupus nephritis

\rightarrow immune complex deposition cause thick glomerular basement membrane

Renal biopsy \rightarrow LM: capillary / BM thickening / IF: granular IgG / C3 deposition / EM: subepithelial deposition (spike and dome)

- Idiopathic associated with antibody against phospholipase A2 receptor (PLA2R) to podocytes so -ve serum anti PLA2R antibody test
- 2nd to SLE 10% + Solid tumors (lung cancer / colon cancer / melanoma) + HBV / HCV + Drugs (penicillamine, gold, NSAIDs) - used to treat Rheumatoid Arthritis
- Most common cause of nephrotic in Adults ^{Concussion} → poor prognosis → progress to ESRD + spontaneous remission
- Treatment: rituximab / steroids / cyclophosphamide

4) Diabetic Nephropathy

- Hyperglycemia → Non enzymatic glycosylation of tissue protein → mesangial expansion + BM thickening → leakage of protein to urine
- ↑GFR → glomerular HTN → glomerulosclerosis → Nephrotic Syndrome
- Renal biopsy → LM: mesangial expansion + GBM thickening + sclerosis Kimmelstiel Wilson lesion

5) Amyloidosis

- deposition of amyloid protein to (kidney) → most commonly organ involved
- Renal biopsy → LM: Congo red stain show apple green birefringence

6) Membranoproliferative Glomerulonephritis

- ↳ thick
- ↳ increased No. of mesangial cells

- cause nephritic or nephrotic / Rare disease
- appear as renal failure (BUN/Cr) + Hematuria + proteinuria
- Treated by steroids and immunosuppressants

1] Type I common → immunocomplex deposition IgG + C3 cause split basement membrane (subendothelial)

LM: Tram track IF: granular *Idiopathic or 2nd to Hep B/C

2] Type II rare (dense deposit)

Children (5-15) associated with C3 nephritic factor IgG autoantibody that stabilize C3 convertase which activate alternative pathway → ↓C3 on serum and deposit on BM with absent of IgG

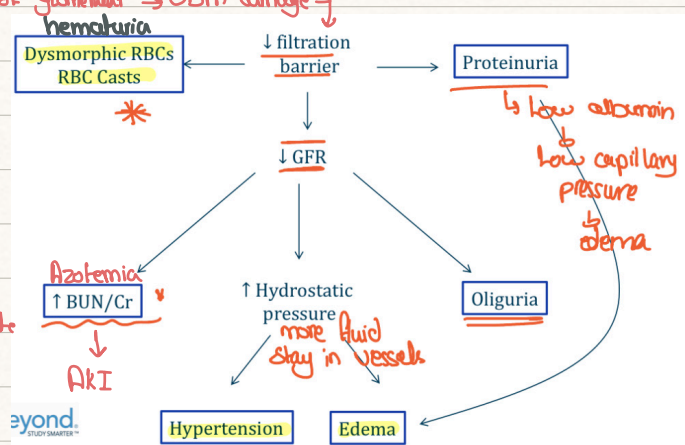
LM: tram track EM: dense deposit *Leak to ESRD

[Hypocomplementemia]

	Type I	Type II
Pathology	Immune Complex	Complement (C3)
Microscopy	LM: Tram Tracks	EM: Dense Deposits
Associations	Hepatitis	Children

2] Nephritic Syndrome → Inflammation of glomerular → GBM damage ↓

- * Proteinuria < 3.5g/day
- * present with fatigue (uremia)
- * Diagnosis → ① urinalysis (cast+protein) ② PUN/Cr
- ③ Renal biopsy
- * Treatment → HTN + proteinuria → ACEI / ARB
- immunosuppression → glucocorticoid / Cyclophosphamide / Mycophenolate



* Major Cause

1] Post-Infectious GN

- * Type III hypersensitivity
- * Children follows group A-B hemolytic strep infection 2-4 weeks after pharyngitis / impetigo (skin infection) ^{URTI}
- cause immunocomplex deposition + hypercellular in glomerular → No specific therapy → spontaneous resolution → recover completely
- * Can occur with adult → poor prognosis → renal insufficiency after 10-40 y → RPGN ^{not URTI}
- Staph + Strep

Diagnosis → biopsy (adult) / serology ASO (child) / Hypocomplementemia

LM: -enlarged / hypercellular glomerular

EM: -subendothelial Antibodies

IF: -granular (starry sky) (lumpy clumpy)
IgG + C3

2] IgA Nephropathy (Berger's disease)

- * most common form of glomerulonephritis
- * repeated episodes of hematuria after ^{GI} RS infection or GI infection cause ↑ IgA synthesis → IgA immune complex → glomerular injury → over times can lead to ESRD + Henoch Schonlein purpura ^{70-75y}

Diagnosis → serum IgA ↑ + Renal biopsy → LM: mesangial proliferation / IF: IgA granular / EM: mesangial IC deposition

Treatment → glucocorticoids

3] Diffuse proliferative glomerulonephritis

- >50% of glomeruli affected → increase cellularity (mesangial, endothelium, neutrophil)
- associated with SLE - most common subtype - Type IV lupus nephritis → cause immune complex deposition in glomeruli → inflammatory response

Hypocomplementemia + Anti dsDNA

LM: wire looping "capillary loops thickened"

EM: subendothelial deposition

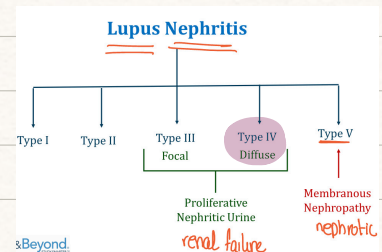
IF: full house "granular"

IgG, IgA, IgM, C3, C1q

* may associated with nephritic

* may lead to ESRD + HD (hemodialysis)

* Treated with steroids + Cyclophosphamide



4) Alport Syndrome

Hereditary nephritis → type IV collagen defect mutation in alpha 3/4/5 (X-linked)

found in kidney → hematuria eye → ocular disturbances ear → Hearing Loss

child + family history

EM:- basket weave due to irregular thickening of Glomerular → No treatment → progress to ESRD/transplant

5) MPGN

6) Rapidly progressive glomerulonephritis (RPGN) / Crescentic GN

Clinical Syndrome - rapid loss of renal function over days/weeks/months - inflammation of glomerulus

disrupt filtration rate

Renal biopsy → LM → accumulate macrophage/fibrin as crescent

Case scenarios - 1) Uremic Symptoms → fatigue / Anorexia

2) AKI → urinalysis ↑ BUN/Cr

3) Nephritic Syndrome → RBC cast / proteinuria

Causes - distinguished by IF

1) Type I: Linear IF ↓ جزيئات مناعية

due to antiglomerular basement membrane antibodies {Anti GBM antibodies}

unknown stimulus - type II hypersensitivity - Linear IF of IgG

example:- Goodpastures Syndrome

Antibody to collagen type IV to alpha 3 chain found on glomerular and alveoli basement membrane

Young male hemoptysis hematuria nephritic syndrome

2) Type II: Granular IF ↓ جزيئات مناعية

immune complex deposition in kidney → Type III hypersensitivity

example → Post Strep GN - RPGN (most common cause)

SLE - Diffuse - RPGN

3) Type III: Negative IF

Pauci Immune - No Ig deposition

ANCA positive → vasculitis Syndrome

wegeners - C-ANCA

microscopic polyangiitis + churg - P-ANCA

