Comprehensive Geriatric Assessment Form

Dr. Lana Halaseh, MD, MCFP (COE), AGS, FCGS

Associate Professor

Consultant Family Physician, Geriatric Specialist and Hospitalist Program Director of Family Medicine training for medical students Faculty member- Middle East Academy for Medicine of Aging (MEAMA)

Patient's name			
 Past Medical History HTN Dyslipidemia DM (OHA/Insulin) CAD/stents/CHF A.Fib/ Pacemaker Stroke/TIA Arthritis (OA, RA) Osteoporosis Thyroid Parkinson's Cancer Other 	Past Psychiatric History Depression Dementia Delirium Psychosis Other Past Surgical History Cholecystectomy/appendectomy CABG/ PCI/Stent TURP Hip fracture/ Joint replacement Other		
Medications 1. Name, dose, frequency 2. Vaccines 1. Pneumococcal vaccine: Type: 2. Last Influenza vaccine 3. Zoster vaccine: Date	, Date		

4. Td vaccine: Date____

PRN/Non-Prescription and Herbals and Vitamins

Administration: --Self ---supervised
 Understanding Meds: --Poor ---Adequate

• Adherence: --Good ---Adequate --Poor

Allergies/Reactions to Medications

Allergy to_____ Type of reaction____

Functional Status (self-report)

Basic Activities of Daily Living (BADLs)/ Katz Index				
Feeding	Independent	Supervised	Assisted	Dependent
Dressing	Independent	Supervised	Assisted	Dependent
Bathing	Independent	Supervised	Assisted	Dependent
Toileting	Independent	Supervised	Assisted	Dependent
Ambulation (+/- aid)	Independent	Supervised	Assisted	Dependent
Transfers/ Stairs	Independent	Supervised	Assisted	Dependent
Praying	Independent	Supervised	Assisted	Dependent
Instrumental Activities of Daily Living (IADLs)/ Lawton Scale				
Driving:	Independent	Supervised	Assisted	Dependent
Shopping	Independent	Supervised	Assisted	Dependent
cooking	Independent	Supervised	Assisted	Dependent
Housework	Independent	Supervised	Assisted	Dependent
Laundry	Independent	Supervised	Assisted	Dependent
Banking/finance	Independent	Supervised	Assisted	Dependent
Medications	Independent	Supervised	Assisted	Dependent
Ability to Use Telephone	Independent	Supervised	Assisted	Dependent
Advanced Activities of Daily Living (AADLs)				
Hobbies/ Socialization	Out and about	House-	Wheelchair-	Bed-bound
		bound	bound	

Home Safety Issues

- leaves stove on/ water running.
- Wandering

Assistive Devices

- Walker
- Cane
- Wheelchair
- Devices at home: bath seat, Commode/ raised toilet seat/ bath grab bars

Home Environment

- stairs into house/ stairs in the house
- location of bathrooms

Family and Social History

Living Arrangement: apartment/house With Whom: Aide

Marital status: married/ widow/ single/other

Education:
Work History:
Finance/Will/POA:
Hobbies/Leisure:

Smoking (pack.year): Alcohol:

Family Hx of Dementia/depression/psychotic illness/PD/CVA.

Geriatric Review of Systems/Geriatric Syndromes:

- 1- Sphincter: Bladder/Continence, Bowel Function: Constipation/Continence
- 2- Gait/ walking aid/ Falls in the last year
- 3- Mood
- 4- Memory Impairment: Insight
- 5- Sensory: Vision-cataract Sx/ Glaucoma, Hearing loss/Hearing-aid
- 6- Appetite /Weight loss/dentures
- 7- Pain: site/severity/control/meds
- 8- Sleep: insomnia (early-late), other sleep disorders (RLS, RBD,...)
- 9- Neurologic: Dizziness/vertigo/syncope, weakness/numbness/tremor, headache, Diplopia/Dysarthria/Dysphagia
- 10- Pertinent cardiac and respiratory
- 11- Other pertinent positives

Mental Status Examination:

✓	Mini-cog test: (/5)			
	Clock Dra	wing Test: (/3)		
	MMSE (/30), MOCA (/30), RUDAS (/30)
✓	Geriatric I	Depression Scale (GDS): (/15)	

✓ Appearance

Affect

Speech: Word finding difficulty/aphasia/Dysarthria

Hallucinations/delusions

Acquired knowledge and Judgment

Insight

Physical Examination:

✓ General Observations: Pale/cyanotic/flushed/distressed

Cachectic/other

✓ Vital signs:

BP	Supine	/	Standing	/
HR	Supine	bpm	Standing	bpm
Temp				
Weight		kg	Past visits' wt:	

Head and Neck:

Chest:

Breast:

CVS:

Abdominal:

MSK:

Skin:

Neurological Examination:

Gait/ TUG test (sec)

Significant Test Results:-

B12	Ca	HbA1c
TSH	PO4	
PTH	Vit D	

Neuroimaging: CT/MRI

Last DEXA scan:

Recommendations:

Issues	Recommendations

Physicians Name/ Signature: ----- PGY-----

Kft

CBC